ALL NEW DAILY STAR FORUM

FROM RANTS TO JOKES, IT'S THE BIT YOU WRITE

TEXT MANIACS

TEXT DSTAR TO 82100

Text DSTAR followed by a space, then your name and comment, and send to 82100. Texts cost 25p plus your normal mobile operator cost.

'Green tax is simply another big rip-off'

Higher taxes will not stop global warming! It's just another government scam. **IGGYBOY**

Instead of asking us 2 pay more tax 2 save the environment y not pull our troops out of iraq and use the money that wr wasting there instead? **Colin, l'pool**

To david milliband – ur green tax proposals suck! Just like ur party. **Robin**

How can David Cameron cut taxes, whilst increasing taxes on pollution? Cons by name cons by nature! **MIDDLE SAXON**

First the government wants to tax binge drinkers more. Then David Cameron wants to tax pollution. Will either work? Probably not. **FREDDY THE FOOL**

Must be the silly season again. The government thinks they can discourage binge drinkers by increasing tax on booze? FAT CHANCE! **ROB STEPHENS**

to the punisher whats up failed ure hgv test did we? aah. No not fat and not thick and married! **martin the trucker**

Been drivin 42 yrs an never had an accident. Its the "own the road" young that should B more caring of other road users. **MAVE**

I know i am driving with my fog lights on! Why do people keep flashing me to tell me this? Mainly motorists without them! Jealous??? **Dixie Daf**

nothing wrong wiv hoodies ad 1 all ov me life never worked still out 7 nights a week cheers u tax payers! **spicer, hardwick**

To choppa, couldnt agree more mate. by the way, quality nickname mate! **chopper**

is anyone scared of neds or is it just me? **CK Gala.**

WHY HAVE JC LATTER DAY SAINTS DEPICTED JESUS WHITE BLOND AND BLUE EYED WHEN HE WAS CLEARLY FROM THE MIDDLE EAST? IS IT SIMPLY TO APPEAL TO BRITISH POCKETS? **FUNKY**

To a normal Muslim Islamic terrorists must be like the IRA 2 us. Hate em but cant do nowt about em, so just hope not 2 attract their attention. **Fair Do's**

"LET HIM AV IT CHRIS". "IT WASNT ME MAM, CHRISTIE DONE IT." THATS Y HANGING WILL NEVER COME BACK. **SUNDANCE**

i'm sick of fireworks already its time to ban them apart from big displays. **lee, leeds**

seen some of the Boob Watch entrants and gotta say that Kayla is a total babe. More of her please! **Matt**

Am i the only 1 sick of moki only talkin about womens feet? Play another record m8 that 1s scratched! **Nightfreak**

id bring KURT COBAIN back from da dead!!! NIRVANA RULE!!! KERRANG!!! **JAY, liverpool**

gotta bring back elvis presley was a top bloke! **madhead from mansfield**

Im not a dj but i used 2 go 2 raves in the 90s. Helter skelter, dreamscape, hardcore heaven etc. Dougal is god!!! Fun was had by all!!! **Lee in runcorn**

The most pointless saying is: "its always in the last place u look." OF COURSE IT IS I'M NOT GOIN 2 KEEP LOOKIN AFTER I'VE FOUND IT AM I? **NYKHLFC**

our lass gave birth stood up i had to hold her under arms, it was painful. she had some pain too! **donyguss**

2 me u rite there is great football in england, pity its played by foreigners tho! **bigtam**

can a spider get caught in another spiders web? **john**

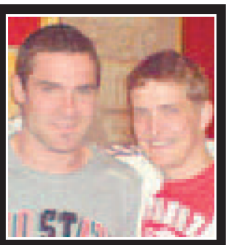
WHOEVER SAID CARROTS ARE GOOD FOR YOUR EYESIGHT WAS TALKING RUBBISH. I POKED MYSELF IN THE EYE WITH ONE AND IT HURT LIKE MAD. **SCUTCH, CLEATOR MOOR**

Now text DSTAR to: 82100

It seems ages since I saw a pic of my former Corrie favourite Nikki Sanderson. She is gorgeous. *Sam*

PICS APPEAL

WE want YOU to star in our Forum page. Send us mobile pics of you with your mates or any stars you meet. Just text DAILYSTAR and send your photos and details of the pics – who, where, and your name – to 07786 200065. Messages cost £1 plus usual network charges.



me and footballer david dunn in my local. *paul, bolton*

'Snooker just for robots'

Bored 2 death sat nite. SNOOKER USED 2 B QUITE INTERESTING. GET THE DRINKING AND SMOKING BACK. BORING ROBOTS NOW. **Rebel**

oy bainseyboy im a southern, lived up north most me life to get away from all u shandy drinkers! **vespa**

sick and tired of people up north sayin south rich. try livin in marlow on less than £200 a wk more poor pple than rich. **mel t**

royle family was brill. was laughing and crying. most realistic program on TV. **bean**

Catherine tate. Wot utter crap. With little britain rip-off of dafyd only gay in village and no one caring – All predictable tosh. **kev**

Corrie is not the same without Fred. I say its not the same. **ALD**

anyone know the music they play on x factor when doin talkie stuff wiv contestants? **daz from barnsley**

anyone know what kids programme was called that had bad toad in it? **Longlegs, st helens**

the advert for nimble bread with the men on the building site is hilarious. let's campaign for more funny adverts. **steve the cabbie**

I think Kelly who is on Deal or No Deal is gorgeous. Anyone agree? **T**

Lorraine kelly has got the best legs on television! **Fairy parr**

FOR legal reasons, we are unable to respond to text messages. If you have a query that needs a reply, write to: Daily Star, 10 Lower Thames St, London EC3R 6EN.

You're Havin' A LAUGH

● WE pay £5 for jokes printed (not texts). Write to: You're Havin' A Laugh, Daily Star, 10 Lower Thames Street, London EC3R 6EN

POLICE caught 100 fans climbing over the wall at Leeds United's ground at half time.

The officers gave them a caution before dragging them back in and making them watch the rest of the game.

TONY ELLIOTT, Leeds.

A GROUP of Aussie stockmen see a taxidermist set up a shop in their home town. None of them knows what a taxidermist is.

Eventually, curiosity gets the better of them and they send one stockman over to the shop to inquire. The taxidermist replies: "I stuff animals."

The stockman goes back to his pals and says: "It's OK, boys – he's one of us."

DEREK PERKINS, Thatcham, Berks.

Jokes by text...

Q: What's 40ft long and has eight teeth? A: The front row at a Rolling Stones concert.

MULLET, NOTTINGHAM.

Text DSJOKE (space) name and joke to 82100.

Listen and laugh as your mate is wound up on 0905 235 8158 Calls cost £1 per minute.

LETTERS EMAILS

THERE'S a tenner for the best letter each day, and a fiver for every one we print. Drop us a line at Readers' Letters, Daily Star, 10 Lower Thames Street, London EC3R 6EN. You can also fax us on 0208 612 7960 or e-mail: StarLetters@dailystar.co.uk

£10 LETTER

WINNING the war in Iraq was easy, winning the peace is a lot harder.

British and US forces are now looked on as invaders instead of liberators.

But to pull out now would lead to chaos. We must finish the job.

HARRY PIPER, Stoke-on-Trent, Staffs.

I HOPE that when Steve McClaren picks the next England team, David Beckham will be in it. How many other readers agree?

H. BILSBURY, Leigh, Lancs.

IS the radio station Talk Sport deliberately trying to alienate female listeners?

Some of their presenters and trailers seem very chauvinistic.

No wonder so few women take part in the station's phone-in shows.

COLIN FENN, Southgate, N. London.

"SPICES to sing again" (Daily Star, October 28)? So what they were doing before was actually called singing, was it?

A. SANDERSON, Birmingham.

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COURT OUT: Willie arrives for his hearing yesterday Picture: JOHN O'REILLY

DOPEY!

Snow White's dwarf in £8,000 benefit con

ONE of Snow White's Seven Dwarfs has been exposed as a benefits cheat.

■ by TIM CORKETT

Four-foot actor Willy Evans raked in more than £700 a week appearing in pantos.

But while singing "Hi-ho, hi-ho, it's off to work I go!" on stage, he was claiming a string of benefits.

And yesterday he admitted six charges of fraud. A court heard he'd fiddled £8,656 in benefits while appearing in pantos – including Snow White alongside former Corrie star Ken Morley, 63, and TV presenter Anne Diamond, 52.

He also appeared in Babes In The Wood with dancer Lionel Blair, 74, and comic Lee Evans, 42.

Keith Taylor, prosecuting, told magistrates in Wellingborough, Northants, that Evans had claimed income support, housing and council tax benefits he was not entitled to over the Christmas periods between 1999 and 2003.

Claire McCarthy, defending, said Evans was illiterate and had relied on wife Stephanie to sort out the household expenses. But she walked out two years ago leaving him to bring up four children on his own.

Magistrate Mrs Penelope Menzies gave Evans a 12-month community rehabilitation order, telling him it would help him "focus on your literacy needs and prevent you from re-offending".

Films

After the hearing, Evans – who's had roles in Harry Potter and Star Wars films – claimed he'd turned work down after being left alone to care for children Alison, 17, James, 13, Davina, 12, and Jordan, seven.

He said: "This Christmas I was supposed to be doing Snow White with Linda Lusardi in Plymouth but that has been cancelled because of the court case."

news@dailystar.co.uk

SHORT C.V.

WILLY EVANS' top roles include . . .

- An Ewok in 1983 flick Return Of The Jedi.
- A Jawa in Star Wars, 1977.
- A goblin in the Harry Potter movies.
- The "Short Man" in the 2001 British thriller Cradle Of Fear.
- A dwarf in the pantomime Snow White alongside Ken Morley and Anne Diamond.
- He has also appeared in the Christmas panto Babes In The Wood along with Lionel Blair, Lee Evans and The Grumbleweeds.

BIG PART: Willy the Ewok

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TUESDAY'S PASSWORD: PLDK

ANOTHER PASSWORD IN TOMORROW'S DAILY STAR

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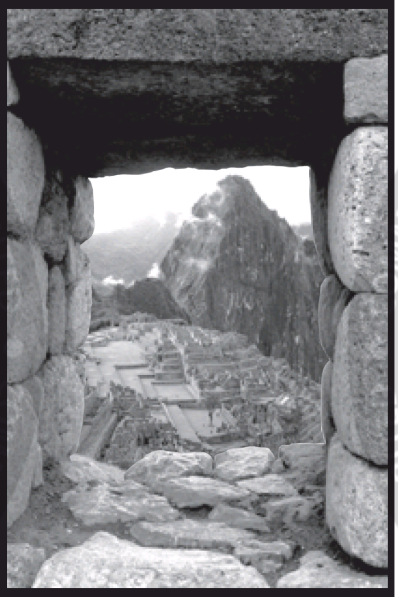

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DAILY STAR Tops for telly..

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THIGH ROBOT

RESCUE: Captain Jack

RANDY Captain Jack Harkness faces this saucy new enemy in Torchwood – a gorgeous cyberbabe.

Our alien-busting hero comes face to face with the part babe, part robot in the next episode of the series, a spin-off from BBC hit Doctor Who.

The metallic beauty, played by Footballers' Wives star Caroline Chikezie, 28, falls into the hands of a caring doctor.

He wants to give her back her soul. But his efforts to turn her into a human

■ by PETER DYKE

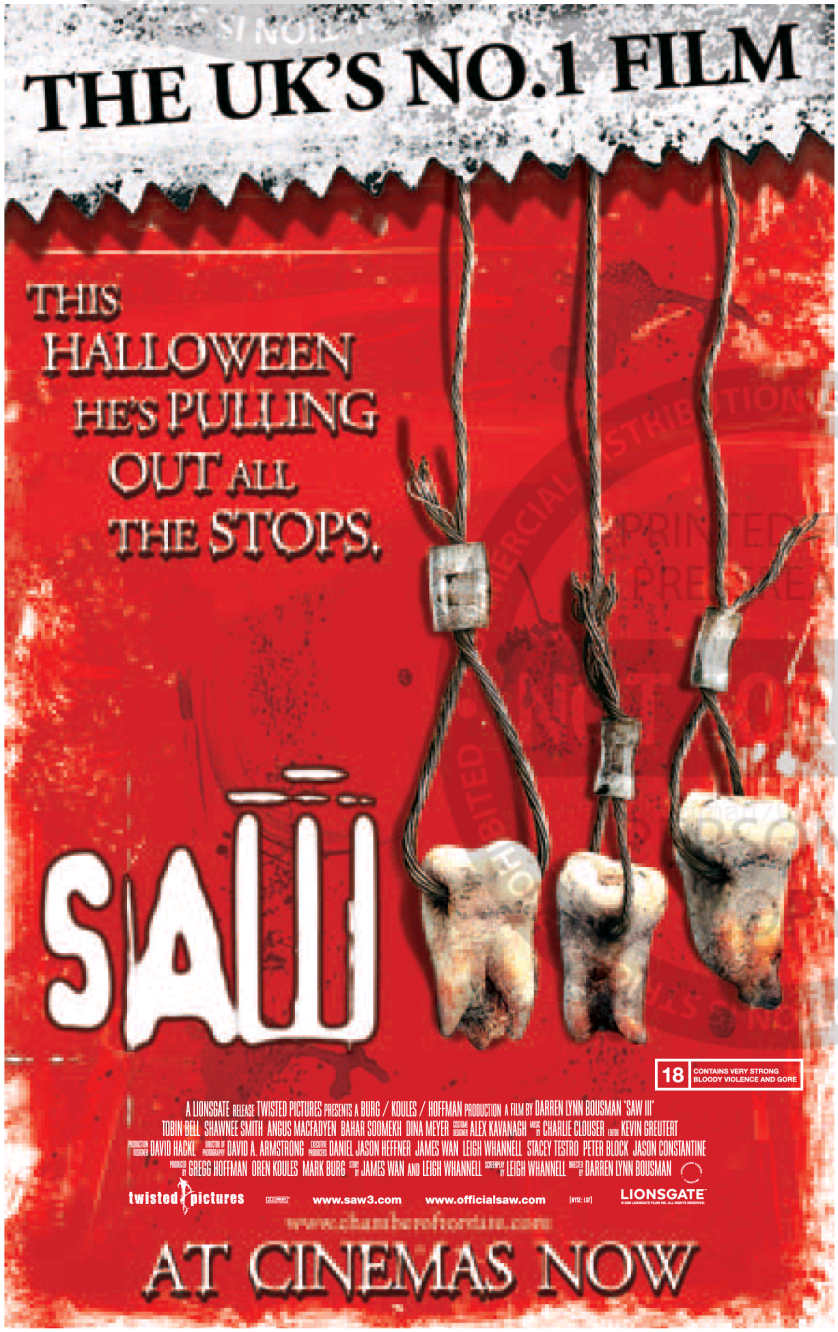
being again backfire horribly. She goes on the rampage, leaving hunky Captain Jack – played by John Barrowman, 38 – rushing to the rescue.

Viewers can find out at the weekend whether Jack and his team survive their encounter with the cyberbabe.

● *Torchwood is on BBC3 at 10pm on Sunday. It's repeated on BBC2 at 9pm the following Wednesday.*

peter.dyke@dailystar.co.uk

SIGH-FI SIZZLER: Caroline as the sexy but deadly cyberbabe



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Stars sing Kirsty's praises as she hits her £5m target for hospice

Pictures: MARK WAUGH/MEN SYNDICATION

WHAT A GIRL: Kirsty with Roxanne Pallet and Richard Fleeshman. Top right, with Ronan Keating

STAR-studded tributes poured in yesterday as wonderkid Kirsty Howard reached her £5million fundraising target.

The plucky 11-year-old burst into tears at her celebrity-packed fifth Angel Ball as it was announced she had achieved her goal.

Kirsty was born with her heart back-to-front and her parents were warned she was unlikely to survive past the age of four.

But six years ago she set out to raise £5m to secure the future of Francis House Hospice for children in Didsbury, Manchester. Kirsty could hardly believe her eyes when former Boyzone idol Ronan Keating, 29, joined her on stage at the Manchester Hilton to sing her favourite song When You Say Nothing At All.

He told her: "Many congratulations on reaching your target. You're an amazing little girl and an inspiration to us all."

Other stars included Emmerdale babe Roxanne Pallet, 23, and former Corrie heart-throb Richard Fleeshman, 17.

Football hero David Beckham, 31, sent a video message.

£5M POKER PRIZE IS UP FOR GRABS

by JAMES WICKHAM

POKER aces are set to battle it out for the biggest ever online prize – an amazing £5million.

It's on offer to any player good enough to win all four events in a new Grand Slam contest run by VC Poker.com

The prize up for grabs is $10m, which is the equivalent of £5,260,000.

Soccer legend Teddy Sheringham and his girlfriend Danielle Lloyd have been lined up to launch the new tournament.

Fans

West Ham ace Sheringham, 40, and Miss Great Britain Danielle, 22, are both big poker fans.

And they're not the only ones. New research has shown that more than a million Brits now play online.

Tournament boss Victor Chandler said: "Until now, the world's best online poker players have had to compete in land-based tournaments to win a prize of this magnitude.

"With our $10m Grand Slam, VC Poker.com is proud to introduce an event that not only offers online poker's richest prize to date, but also introduces a unique competition to find the world's best player in their preferred online setting."

BIG DEAL: Teddy and Danielle

The new tournament is expected to become the poker equivalent of golf and tennis Grand Slam events. Any player skilled and lucky enough to win all four tournaments will walk away with the massive cash prize.

And those who reach the final table in more than one tournament will scoop bonus prizes of up to £263,000.

Even if no one wins all four tournaments, anyone triumphing in more than one will scoop up to £2.5m.

Lee Ferris, marketing manager of VC Poker.com, said: "This will excite online poker players everywhere.

Chance

"We now look forward to the spectacle of the world's poker players – from novice to seasoned professional – competing for $10m and the unique achievement of becoming poker's first Grand Slam Champion.

"In addition, we're also offering unique sponsorship opportunities to players who demonstrate consistency in their play, giving them the chance to win cash and the opportunity of becoming a professional player, sponsored by VC Poker.com"

Grand Slam entry for players throughout the UK is free. Qualifying events start online tomorrow.

james.wickham@dailystar.co.uk

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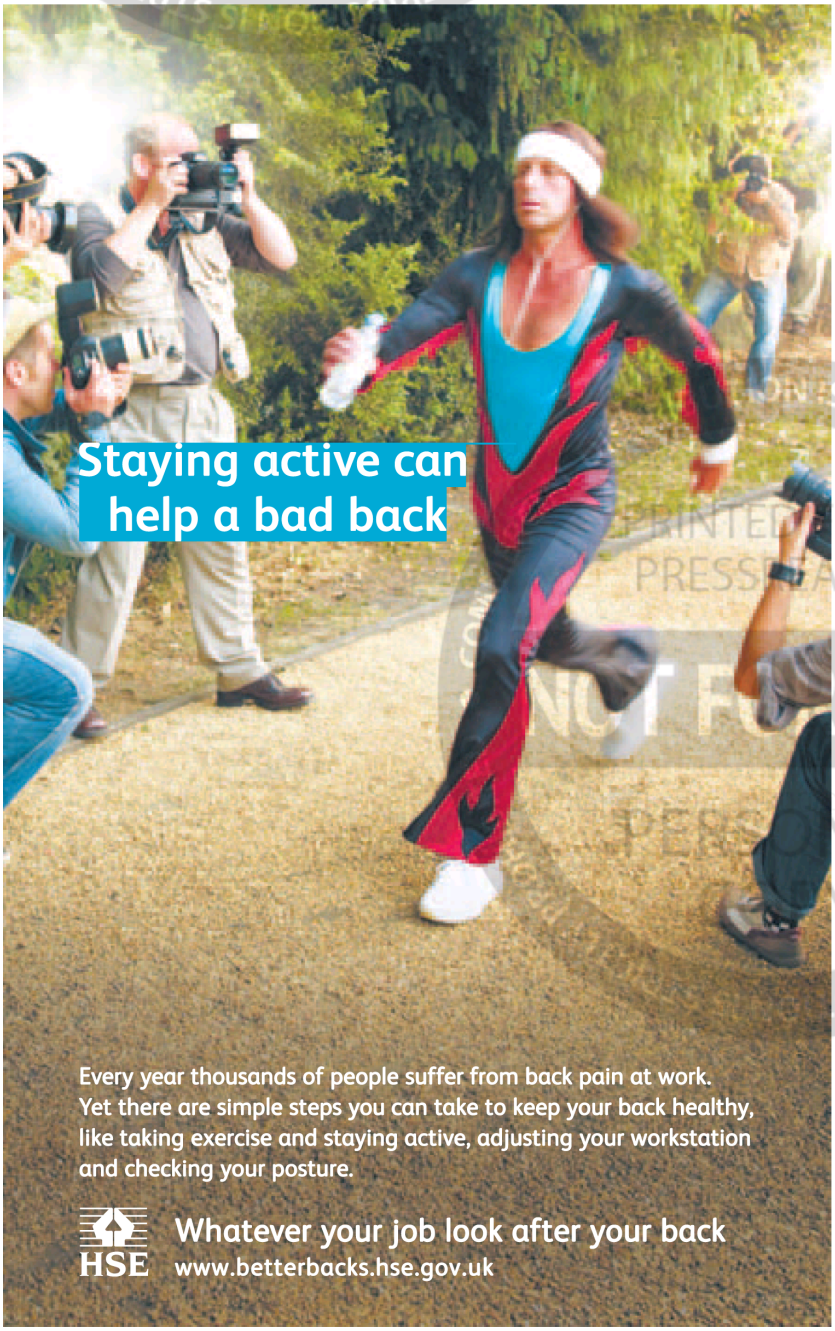

EXCLUSIVE: 2007 HEAV

Jenny's with Ho

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DAILY STAR Cashpoint
Edited by MICHELLE CARTER
THE MONEY PAGES YOU CAN'T AFFORD TO MISS

Don't let it all go to blazes

WITH bonfire night just under a week away homeowners are being warned to watch out for thieves and vandals.

And then there's the stray fireworks.

In the last five years over one million homes have been damaged by fireworks going astray and a further million neighbouring homes have been damaged.

And according to Churchill Insurance, who carried out the research almost two million householders have been injured by a firework.

But with over eight million homes preparing for bonfire

■ *by MICHELLE CARTER*

night parties this year over a third admits to not taking any safety precautions.

One in five say they don't have firework parties any more because of safety concerns and now almost a half prefer an organised display.

Fears

As many as three-quarters of us believe fireworks should only be used by people who are licensed, with one of the greatest fears being fireworks thrown in the street, followed by personal safety.

Martin Scott of Churchill Insurance, who carried out the research, said: "Potentially damaging your home or your neighbour's, and personal safety are major issues for homeowners hosting bonfire parties.

"By following a few safety rules – like putting fireworks in a metal box and ensuring they stay dry at all times – the risk of accidents can be significantly reduced."

The Churchill research also found that one in ten homeowners fear they will be burgled while out at a fireworks party, but insurance experts expect a 25% rise in home insurance burglary claims in November directly as a result of bonfire night.

Even being in your own garden or next door doesn't mean you can be lax about security as government figures show that four out of every five burglars spend just 10 minutes in a home.

Joanne Field of American Express home insurance said: "Homeowners can take some very basic steps to protect their home against burglars. But the best protection is a good insurance policy which offers new for old cover, 24/7 access to a locksmith, glaziers and other vital emergency services."

Insurance

■ **You can compare over 60 home insurers at www.dailystar.co.uk/money**

Here's how to stay secure

FOLLOW our tips on how to protect your home on firework night...

■ **Even if you're in the garden or next door, remember to lock all windows and doors. A window gap to fit a head through means a burglar will be able to get their body through.**

■ **Keep some lights on both inside and out because it looks as if you're at home and good security lighting should deter a burglar.**

■ **If you've got an alarm system don't forget to set it, even if you're only out for a few minutes.**

■ **Don't leave valuables in the hall – we tend to put clutter like car keys, handbags and mobiles in the hall, so all a burglar has to do is open the door and simply pick it up.**

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Splitting up can be very costly

GETTING divorced – as Paul and Heather McCartney, left, can testify – can be very messy indeed and the chances are your finances won't EVER recover.

Even if you've got separate bank and credit card accounts, mortgages are likely to be in joint names and they take some unravelling.

Although it won't apply to Heather and Paul, divorced people have more debt than anyone else.

According to Alliance and Leicester if you're divorced you'll owe just under £5,000, which is the equivalent of a quarter of divorcees' annual income, while married couples are in debt to the same amount – £5,000 – between them.

The survey found that the divorced rely more heavily on plastic than their married counterparts, have fewer savings, are less likely to own their own homes and have the largest personal loans.

Chris Rhodes of A&L said: "We found that over the years divorced people's finances don't seem to improve – showing how long-lived the effects of a relationship break-up can be."

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You are also free to overpay whenever you have cash to spare, and if you have any savings you can pay those in as well to help shrink your mortgage even faster. One day you might find your mortgage has shrunk so much it completely disappears, years ahead of schedule. Just imagine life with an ever shrinking mortgage. All that extra cash to spend on enjoying yourself, or to save for your future.

Amazing mortgage shrinker

SOUND too good to be true? Well it isn't. You can make your home loan shrink with an all-in-one mortgage from the *One* account. Just go to www.oneaccount.com and click on the amazing mortgage shrinker and follow the simple instructions.

Tap in your property value, the size of your mortgage and a few details like your salary and spending. Then click "Go ahead – shrink it!" and prepare for some good news. One day, you will eventually pay off your mortgage. With the *One* account's mortgage shrinker, that one day could be much sooner than you think.

Shrink your mortgage now

TOP MARKS FOR THE *ONE* ACCOUNT

Oliver and Sarah Christie are going places – thanks to the award-winning *One* account. The couple took a sabbatical to teach English in Peru two and a half years ago and loved the country so much they named their one year old daughter Inca after the ancient South American civilisation.

Now they are saving money to pay for a return trip, using the flexibility of the *One* account.

Oliver and Sarah, who live in Norwich, switched the £60,000 mortgage on their three-bedroom terraced house to the *One* account in 2004. "Paying our salaries and savings into the *One* account instantly reduced our debt. It's incredible, in less then 3 years, we have reduced our mortgage to around £40,000. That would have taken years with our previous mortgage," says Oliver, 31, a business analyst.

Oliver and Sarah had another reason to keep saving – they recently got married. "We tried to keep costs down but tying the knot is still expensive. The *One* account was a great way of saving for the big day. By putting our savings and extra money into the *One* account it immediately reduced our mortgage balance. So instead of earning interest on our savings, we saved interest on our borrowings" he says.

Oliver loves the *One* account's easy-to-use online banking service as it allows them to keep careful tabs on their finances. "We keep our savings and mortgage in separate virtual pots, so we know exactly how much we have saved, and how much mortgage we still have left. This was a great help in budgeting for our wedding and a return trip to Peru. We want to take our daughter to see the land that inspired her name. We love the country, and thanks to the *One* account we may be lucky enough to return – after we have finished paying for the wedding!" Oliver says.

HOW TO SHRINK YOUR MORTGAGE IN THREE EASY STEPS

1. Visit the mortgage shrinker, the online calculator at oneaccount.com and see if you could shrink your mortgage, just by combining it with your current account.
2. Be amazed at the results. The calculations are done instantly and show three key things:
   - How many years you could clear your mortgage ahead of schedule.
   - How much money this could save you.
   - What interest rate you would need to pay to save the same amount.
3. Give them a call on 08456 10 20 73. The *One* account will answer any of your questions and if you decide to apply, will sort out everything for you.

5 REASONS TO FIND OUT MORE -

1. You can pay more off your mortgage when you want to.
2. You can even take payment breaks and do something you've always dreamed of. Interest will continue to accrue during any breaks and will need to be repaid by the end of the term.
3. You could also borrow extra money at the same rate as your mortgage. Any extra borrowing will be secured against your property.
4. The *One* account will sort everything out for you, even your direct debits and standing orders.
5. Over 80% of customers are on track to pay off their mortgages early.

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

CALL 08456 10 20 73 OR VISIT ONEACCOUNT.COM

TEXTPHONE 08456 10 10 56 WE ACCEPT TYPETALK CALLS

The maximum call charge from a BT landline is 4p per minute. Calls from other networks may vary. The *One* account is a secured personal bank account with The Royal Bank of Scotland plc. Northern Ireland excluded.

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BALANCING ACT: Keep a close eye on your bank accounts

It's your life – so be sure it's covered

TWO thirds of us seem to have no faith in the Government helping us if we become ill and can't work.

Despite that, most of us still don't have adequate life cover and fewer than half of us have plans in place to protect our family financially if we can't work.

A survey by Nationwide also showed that only one in three of us reckon we could manage if we had to give up work.

But life insurance policies have become cheaper over the last few years and now experts urge us to check policies taken out in the last five years .

We should make sure we're not paying over the odds and take out a policy if we thought they'd been too expensive in the past.

A non-smoker aged 35 would pay less than £9 a month with Nationwide for life cover of £100,000 over 25 years.

His female equivalent would pay £7.90 a month, and a policy for them as a couple would cost just £12.40 a month.

For more details visit www.nationwide.co.uk

Life policies

■ You can compare more than 100 life and critical illness policies at www.dailystar.co.uk/money

A slip can tip the balance

■ *by MICHELLE CARTER*

WITH Christmas fast approaching it's even more vital to keep a close eye on your bank balance.

Get your sums wrong and you could end up with a stonking fee of up to £30 – even if you're only overdrawn by £1 for one day.

With the Office of Fair Trading out to cut penalty fees on current accounts, banks and building societies aren't going to take any loss of profits lying down and will find other ways to recover their income.

Buffer

This year Royal Bank of Scotland, NatWest, Lloyds TSB, HSBC, Yorkshire Bank, Clydesdale and Smile have all increased their authorised overdraft interest rates by as much as 2%.

Lloyds TSB has just removed their £10 buffer, which protected customers if they went into the red by a few quid. Lisa Taylor of online financial data firm moneyfacts.co.uk said: "While it can't be disputed that current account fees look excessive, it's made more complicated because banks charge in different ways."

"Take a customer who miscalculates and slips into an unauthorised overdraft by £1 for one day – at worst this mistake could cost over £30. Some lenders wouldn't levy a fee for such a minor error.

"But some loyal customers are being harshly punished for their minor errors."

■ **How banks treat their customers if they have an unauthorised overdraft of £1 for one day...**

	Fee	Interest
Lloyds TSB (from Nov 1)	£30	29.80%
Halifax	£28	28.80%
NatWest	£28	29.69%
Royal Bank of Scotland	£28	Nil
Abbey	£20	Nil
Woolwich	Nil	27.50%
Barclays	Nil	27.50%
Nationwide	Nil	24.90%
HSBC	Nil	15.90%
Alliance & Leicester	Nil	Nil

Source: www.moneyfacts.co.uk Figures correct at 24.10.06

Current accounts

■ You can compare more than 300 current accounts at www.dailystar.co.uk/ money

WHAT'S NEW... WHAT'S NEW... WHAT'S

■ NEARLY eight out of ten pets are not insured so getting cover for them makes sense, especially when the average insurance claim is £200.

Premiums may put you off but More Th>n has now launched a policy starting at £4.99 a month. You are covered for up to £2,000 worth of vets' bills in the first year and there are no maximum age limits for your cats or dogs.

For more details call 0800 300 885 or visit www.morethan.com/pet

■ BRITANNIA has cut the minimum investment in its DirectSaver savings account from £1,000 to £100. The account has an interest rate of 4.75% and will match the Bank of England base rate until next July. There's also a 0.3% bonus on accounts opened before the end of the year.

■ IF you work from home and have clients visit, have you thought what would happen if one of them had an accident in your house? Now a new policy from Adrian Flux gives you £2million liability cover, premiums vary. Call 08700 772266 or visit www.adrianflux.co.uk

■ AS dentists quit the NHS like rats leaving a sinking ship, getting dental care is becoming a nightmare. But a new guide from HSA shows the options available for your budget. To get your free copy visit www.hsa.co.uk or phone 0800 08 54321.

Debt Problems Solved

If you can't afford to repay all your debts you may qualify for a little known and almost unbelievable solution.

If you qualify you will only have to repay what you can comfortably afford and the rest (including all the interest) will be written off!

If you have debts over £15,000 and a regular household income you may qualify to take advantage of this government legislation to clear your debts.

One *free* phone call will take just 10 minutes and it could change your life.

Call now for *FREE* impartial advice on

0800 977 4792

AS SEEN ON TV

Lines open 8am-8pm Mon-Fri, 9am-5pm Sat

DEBT FREE DIRECT

www.debtfreedirect.info

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SPENDING SPREE: Last Christmas an average of £480 was spent on each credit card

About time t those Christn

Wrap up deals for 12 months' free spending

■ *by MICHELLE CARTER*

APPLY for a new credit card now if you plan to put your Christmas spending on plastic.

With only seven shopping-packed weeks to go, it normally takes up to four weeks for credit card firms to get your card issued. But with the festive rush it could take even longer.

Last year our credit cards were creaking under a massive £15.4million shopping spree – that's more than £480 on each one.

With such a lot of money at stake it's vital you ensure you get the right type of card.

Only one in ten of us apply for 0% plastic, and that means that if you use this type of credit card you only pay for the cost of the goods, as long as you clear the balance before the deal ends.

Simple

The best way to ensure you'll be quids in is to cut the card up before the New Year, divide the amount you've spent on it by the number of free months and then arrange a direct debit from your bank account to cover each monthly payment. That means you'll have cleared the debt by the time the 0% period ends.

Robert Kenley, of moneysupermarket.com who carried out the research, said: "Cards offer a simple and tempting way to help spread the cost of Christmas.

"But people need to ensure the card they apply for is not going to end up costing them more than they could afford.

"Getting the right card now could potentially save you £67.98 in unnecessarily high credit card interest payments over the coming year."

There are 33 credit cards with 0% deals and three have the offer for 12 months...

- GE Money Transformation Card (0808 208 1140) 0% for 12 months, standard APR 12.9%
- Halifax One (special offer from www.moneysupermarket.com) 0% for 12 months, standard APR 12.9%
- Marks & Spencer & More (0845 900 0900) 0% for 12 months, standard APR 16.9%

Credit cards

■ **You can compare over 300 credit cards at www.dailystar.co.uk/money**

SPREAD THE COST: Using a 0% credit card can help ease the burden of Christmas

Mortgages

Remortgaging? Here's an offer that ticks all the right boxes.

No booking fee ✓

No valuation fee ✓

No standard legal fee ✓

Here's a great way to avoid all the usual costs associated with remortgaging. Transfer to an Abbey mortgage with no upfront fees. You'll pay us no booking fees or standard legal fees. We'll even cover the cost of your valuation up to a property value of £2.5 million. And if you move home you can take your mortgage with you.

Call Abbey today.
0800 389 4151
Visit your local branch or www.abbey.com/mortgages

The standard legal fees are repayable if you redeem your mortgage within 2 years.

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More Ideas for Your Money

YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

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o sort out nas cards

SHOPPING around for your new plastic is vital to get the best deal.

As a nation we're currently paying £9billion too much by not finding the cheapest deals. That works out at about £400 each on extra interest a year.

But we should ignore warnings that searching for the best deal will ruin our credit scores.

"It's an old wives' tale which could seriously damage your wallets, limit your disposable income, extend the time taken to repay Christmas spending and put those on highly balanced budgets under unnecessary debt stress," said credit industry expert Barry Stamp of credit report firm annualcreditreport.co.uk

"The idea that normal levels of searching for the right plastic can damage your credit rating is simply not true," said Barry. "Most people don't realise that declined applications aren't reported on credit reports at all."

One in four of us have credit card applications turned down, but it's only if we keep applying for plastic until we get accepted that our credit rating can be affected, not whether we turned down.

But research from moneysupermarket.com found that of those finally accepted for plastic after one or more applications, one in five people are likely to be offered a higher interest rate than the one they applied for.

Risk

To get the right card for your credit profile without running the risk of making lots of applications, moneysupermarket.com has launched a new SmartSearch tool which uses an Equifax rating scorecard to work out your credit profile without actually making an application. It then suggests which credit card firms are most likely to accept your application.

Robert Kenley, of moneysupermarket.com, said: "You are steered towards cards for which you are most likely to be accepted on the first attempt."

Is prepay the way forward?

WITH two thirds of us planning to do our Christmas shopping online, prepaid plastic is being touted as the future.

Marketed as a secure way of using the internet and cutting the risks of fraud, the newest arrival is from Visa.

Its prepaid card works by you loading the plastic with money – at a cost of £1.40.

You can put up to £105 on the card and each time you want to top the card up you have to pay a further £1.40.

Visa says the cards stop you overspending. But by having the upfront fee you are being charged for putting your money on to a card that you haven't even used. Surely using a 0% credit card would be a better bet?

Also, prepaid cards aren't covered by the Consumer Credit Act which protects transactions of over £100 made on the plastic.

If goods aren't up to standard, or the shop goes bust, then the credit card firm will give you your money back – but not if you buy with a prepaid card.

And if you lose your prepaid card you won't get back the money that you've loaded on to it.

Instead of using a prepaid card to protect your internet security, just make sure you only use sites marked https.

Other prepaid cards include one from Mastercard which is aimed at people without bank accounts. Another, from Mint, has a gift card and can be used in selected shops like HMV and WH Smith and some shopping centres, but you have to pay £3 each time you load cash.

DirectSaver

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5.05% Gross**
Excluding bonus
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A savings account you operate online or by phone with a minimum balance of only £100.

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See Terms and Conditions for more information.

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†Lines are open 8am-8pm Monday-Friday, 9am-12 noon Saturday. Calls may be recorded and/or monitored. Calls from landline phones are free, however mobile providers may charge. *AER stands for Annual Equivalent Rate and illustrates what the interest rate would be if interest was paid and added each year. **The interest rate without UK income tax deducted. Variable rate of interest paid annually. #For all new accounts, opened between 23/10/06 and 31/12/06. Britannia Building Society is authorised and regulated by the Financial Services Authority. Britannia Building Society undertakes to comply with The Banking Code. Copies of this Code are available on request.

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Over the last 10 years, we have helped thousands of people realise their pensions early - despite believing that this was not possible. Given the importance of pension income, pension unlocking will be unsuitable for most people and circumstances and will reduce your retirement income. **Call us to see if it's for you.**

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Please quote ref: DS 31/10 **www.readifa.co.uk**

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47700_06/06 DStarR

Cashpoint Best Buys

Compiled by www.moneysupermarket.com on 27/10/06

moneysupermarket.com® the price comparison site

LOANS

Source: www.moneysupermarket.com

Best Buy Loans for £5,000 over 3 years

Lender	Contact	Typical APR	Without Insurance	Term	Redemption Penalty
Moneyback Bank Loan	www.moneybackbank.co.uk	5.6%	£150.98	1-7 Years	Up to 1 months interest
Masterloan	www.lowrateoffer.co.uk	5.7% (I)	£151.10	1-5 Years	Up to 1 months interest
Northern Rock Loan	www.northernrock.co.uk	5.7%	£151.16	1-10 Years	None
Abbey Personal Loan	www.abbey.com	5.8% (I)	£151.32	1-8 Years	Up to 2 months interest

(I) = Internet only

CREDIT CARDS

Source: www.moneysupermarket.com

Introductory Rate for Purchases

Card Issuer	Contact	Card Type	Introductory Rate	Until	Typical Rate (Variable)	Interest Free Period
GE Money	08082 08 11 47	MasterCard	0% p.a.	12 Months	12.90%	56 Days
Marks & Spencer	www6.marksandspencer.com	MasterCard	0% p.a.	12 Months	16.90%	55 Days
SkyCard	08703 33 54 70	MasterCard	0% p.a.	01-Sep-07	16.90%	56 Days
Sainsbury's Bank	08000 32 13 65	Visa	0% p.a.	10 Months	15.90%	50 Days

Compare thousands of mortgages, loans, credit cards, insurance at

www.moneysupermarket.com

MORTGAGES

Source: www.moneysupermarket.com

Fixed Rate Mortgages (without extended redemption penalty)

Lender	Contact	Rate	Lenders SVR	Duration	Max LTV	Arrangement Fee	Early Repayment Charge Until
Alliance & Leicester	08000 92 28 89	4.39%*	6.84%	30-Nov-08	95%	£1,499	30-Nov-08
Giraffe Money	08451 13 22 88	4.95%	6.84%	30-Nov-11	95%	£949	30-Nov-11
The Woolwich	08456 07 11 11	4.98%	6.84%	31-Jan-17	80%	£595	31-Jan-17

Discount Mortgages (without extended redemption penalty)

Lender	Contact	Rate	Lenders SVR	Duration	Max LTV	Arrangement Fee	Early Repayment Charge Until
Dunfermline BS	08456 01 22 18	4.45%	6.74%	2 Years	80%	£699	2 Years
Nottingham BS	08000 83 57 75	4.90%	6.74%	5 Years	80%	£495	5 Years
Saffron BS	08000 72 11 00	4.99%	6.59%	10 Years	85%	£595	5 Years

First Time Buyer Mortgages (95% ltv, no HLC fee, variable unless stated)

Lender	Contact	Rate	Lenders SVR	Duration	Max LTV	Arrangement Fee	Early Repayment Charge Until
Giraffe Money	08451 13 22 88	4.50% (D)	6.84%	30-Nov-09	95%	£349	30-Nov-09
Standard Life Bank	08458 45 84 50	4.89% (D)	6.46%	5 Years	95%	£499	5 Years
Norwich & Peterborough BS	08453 00 25 22	5.14%	6.74%	Term	95%	£599	None

100% Mortgages (discounted rate unless stated)

Lender	Contact	Rate	Lenders SVR	Duration	Max LTV	Arrangement Fee	Early Repayment Charge Until
Saffron BS	08000 72 11 00	5.35%**	6.59%	3 Years	100%	£349	3 Years
Newcastle BS	08456 06 44 88	5.45%**(F)	6.82%	31-Jan-12	100%	Nil	31-Jan-12
Manchester BS	01618 33 88 84	6.03%**	6.79%	Term	100%***	£495	5 Years

* Rate applies only to those who hold or take up an Alliance & Leicester Premier Current Account ** First Time Buyers only *** Subject to a Collateral charge on the Parental Property
(F) = Fixed Rate (D) = Discounted Rate HLC = Higher Lending Charge.

SAVINGS

Source: www.moneysupermarket.com

Easy Access Accounts

Provider	Contact	Account	Type	Minimum Deposit	AER
Icesave	www.icesave.co.uk	Easy Access Account	Internet Only	£250	5.20%*
Birmingham Midshires	www.askbm.co.uk	Internet Easy Access (Issue 6)	Internet Only	£1	5.20%**
ICICI Bank	www.icicibank.co.uk	HiSAVE Savings Account	Internet Only	£1	5 .15%

Notice Accounts

Provider	Contact	Account	Notice/Term	Minimum Deposit	AER
Turkish Bank	08000 32 04 80	60 Day Notice Account	60 Days	£2,500	5.35%
Chelsea BS	08001 69 10 76	Double Guarantee	80 Days	£250	5.25%***
Raphaels Bank	01296 43 66 61	Sapphire Account	1 Year	£5,000	5.25%

Mini Cash ISAs

Provider	Contact	Account	Notice/Term	Minimum Deposit	AER
Northern Rock	08456 01 51 51	Fixed Rate ISA until 15/11/2010 (Issue 39)	Instant****	£500	5.35%
Northern Rock	08456 01 51 51	Fixed Rate ISA until 15/11/2007 (Issue 38)	Instant****	£500	5.35%
NS & I	08459 64 50 00	Direct ISA	I nstant	£1,000	5.30%

AER = Annual Equivalent Rate * Rate guaranteed to exceed the base rate by at least 0.25% until 1st October 2009 ** Rate includes a first year bonus of 0.65%
*** Guaranteed rate of at least 0.50% above the base rate until 2nd May 2007 **** Subject to a charge

LIFE ASSURANCE

Period covered: 25 years. Sum assured £100,000.

Male aged 30 years, non-smoker.

Provider	Premium*	Contact
British Gas	£6.44**	www.house.co.uk
More Th>n	£6.44**	08005 87 26 53
Torquil Clark	£6.48**	08000 68 50 43

Female aged 30 years, non-smoker.

Provider	Premium*	Contact
British Gas	£5.11**	www.house.co.uk
More Th>n	£5.11**	08005 87 26 53
Torquil Clark	£5.19**	08000 68 50 43

Male aged 30 years, smoker.

Provider	Premium*	Contact
British Gas	£9.98**	www.house.co.uk
More Th>n	£9.98**	08005 87 26 53
Torquil Clark	£10.37**	08000 68 50 43

Female aged 30 years, smoker.

Provider	Premium*	Contact
Synergy Financial***	£7.72	www.moneysupermarket.com
More Th>n	£8.02**	08005 87 26 53
British Gas	£8.02**	www.house.co.uk

*Per month **Price includes a 22% tax reduction ***via Moneysupermarket.com Prices may vary depending on individual circumstances.

Source: www.moneysupermarket.com

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It's the business

'Living at risk is jumping off a cliff and building your wings on the way down' – Ray Bradbury

Movers & groovers

■ EXECUTIVES at one of Britain's biggest power companies, **Scottish & Southern Energy**, will be breathing a sigh of relief.

It emerged last month that they were being forced to use pop star Sting's old tour bus as part of a green travel programme to cut carbon emissions from business flights.

Bosses had to use the bus to travel between offices in Edinburgh and Reading – but word reaches us that it has now been withdrawn after a one-week trial.

■ **OXFORD Metrics Group**, the motion capture technology firm which has worked on films including The Da Vinci Code and helped sportsmen such as Andrew Flintoff, is branching out.

It wants to win more defence work and has brought on board former Rear Admiral Jonathon Reeve, who is also a former head of the Ministry of Defence's Nuclear Accident Response Organisation.

■ **JOHN Lewis Partnership** is opening its first food hall, in partnership with sister company **Waitrose**, at its flagship store in London's Oxford Street as part of a £61.5million refurbishment.

The project, which will take a year, will include 24 new escalators.

■ SWISS holiday giant **Kuoni** has snapped up the upmarket tour operator **Kirker Travel**.

Talk in the City is that Kirker, founded in 1986, fetched £15m.

THE DEALER

HOT GOSSIP

DEFENCE outsourcer Qinetiq, the privatised Defence Evaluation and Research Agency, up 5.5p to 188p, is part of the Metrix consortium which is rumoured to be the front runner to win a £10billion defence training contract.

Alexei's nerves of steel

THE Russian steel giant **Severstal** plans to be a player in the takeover frenzy gripping the industry by raising up to £790million on the London Stock Exchange.

The company, initially tipped as a counter-bidder for British firm **Corus**, set a share price range that could see the group valued at as much as £6.9billion when it floats next month.

It is 90% owned by billionaire Alexei Mordashov, who'll use the cash to make acquisitions and improve plants. He is keeping a tight rein by floating just 10% of the shares here and his stake will not drop under 75%. Severstal has not yet revealed how many shares the company will be issuing.

Severstal's merger bid with **Arcelor** this year was trumped by **Mittal's** £17bn bid.

This month Indian firm **Tata** landed Corus for £5.7bn.

FAIR SHARES

QUARRY giant Hanson was the biggest gainer in the FTSE-100 yesterday. Although Mexico's Cemex has made an unsolicited bid for Australian company Rinker, analysts believe that Rinker could turn predator to help it escape Cemex.

Cadbury's choc shock

SWEETS and drinks giant Cadbury Schweppes has abandoned plans to hit another profits target.

The move comes less than a week after saying sales had melted in the face of the summer heatwave and salmonella-related recall of Dairy Milk bars.

The firm, whose brands also include Trebor Basset, said it had abandoned aims to achieve specific growth in profit margins of between 0.5% and 0.75% a year.

■ by BILL MARTIN

It is now pursuing a vaguer commitment to grow "operating margins through cost reduction and efficiency initiatives, while continuing to invest behind growth".

Gum

Shares fell even though the company retained sales growth targets of between 3% to 5% a year.

"The margin target made us too inflexible and we only narrowly missed it," said chief executive Todd Stitzer.

The company attempted to sweeten the pill for investors by adding it planned to bring dividend pay-outs into closer line with earnings.

It also announced plans to launch its first products into the UK chewing gum market, currently dominated by Wrigley with a 98% market share.

news@dailystar.co.uk

P-PICK UP A PENGUIN

A LINE-UP of likely Christmas best-sellers from Penguin books has helped put owner Pearson on track for record profits.

The publishing group has new and imminent releases from the likes of Jamie Oliver, right, who has had two weeks at No.1, and Jeremy Clarkson.

Chief executive Dame Marjorie Scardino said trading in the first nine months had been strong and the pre-Christmas season had started well.

Total sales rose by 11% and operating profits by 26%, while Penguin sales rose 2%.

Shares, which had been trading close to a three-year high, fell 12p to 769p on profit taking. Analysts are looking for annual profits of about £490million.

Pension talks at BA stall

NEGOTIATIONS between **BA** and unions over the airline's £2.1billion pension deficit are set to go to the wire after talks yesterday ended without agreement.

Chief executive Willie Walsh has said he is keen to reach a settlement by the end of November, but unions said little progress had been made.

"There is still some distance between the union position and that of the company," said the Transport & General Workers Union and Amicus in a statement.

Hole

They added: "While further meetings are arranged the difficulties in reaching a settlement should not be under-estimated."

BA has put forward proposals to reduce the hole in its New Airways Pension Scheme, including raising the retirement age for pilots and cabin crew and putting a cap on pensions rises.

Walsh has warned it is vital for the company to settle the issue to clear the way for the fleet expansion programme announced last month at an estimated cost of £4bn.

But the unions are strongly opposed to the changes, raising the spectre of industrial action.

BA said: "We remain optimistic and continue to see an amicable solution."

FTSE100 SHARE INDEX ▼ Down 34.10 points (-0.55%) at 6126.80

Company	Price	Change	High	Low	☎
3i Grp	964½	-1½	984	742½	1470
A.B. Food	816½	+2½	880½	699½	1082
Alliance & Leic	1121	-11	1248	821	2233
Alliance Boots	800½	+½	804½	617½	1009
AMVESCAP	594	-9	637	336½	1124
Anglo	2366	-32	2549	1633	4949
Antofagasta	507½	-6	516½	287½	3438
Astrazeneca	3151	+12	3529	2485	1585
Aviva	771xd	+1½	850½	656½	3388
BAE Sys.	415¼xd	+¼	449¼	322½	1010
Barclays	705	-2	723½	545	1004
BG Grp.	704	-1½	782½	490	7274
BHP Bill	1000	-21	1211½	813¾	2423
BP	591½	-10½	712	563½	1011
Br.Airways	457¼	-4¼	462½	290	6258
Br.Amer.Tob.	1439	-1	1510	1221	1003
Br.Land	1478	-11	1489	881	1128
Bradford & Bing	460¼	-1¼	536	337½	7677
Brambles Inds.	494	-2½	507	319	1048
Brit.Eng.Gp.	416	-3½	753½	404½	4514
BSkyB	536¼xd	-2½	573¼	478½	3382
BT Group	279	-2	281	203½	1012
Cadbury-Sch.	529	-8	590½	499	1016
Cairn Energy	1785	-28	2508	1673	3643
Capita Group	539	+4½	560½	384½	5263
Carnival	2546	-14	3397	2023	2568
Centrica	333½xd	+2	342	230	1818
Compass Group	282¼		283	180½	7663
Corus Group	466½	-3½	494	230	4530
Diageo	970½	-6½	991	822	1029
Drax	817	+13	1073	538½	-
DSG Intl	218¼	-1¼	222	138¼	1020
Ent.Inns	1085	+4	1092	773½	4713
Experian	571½	-2	590	559½	-
Friends Prov	194xd	+2	218½	166½	7733
Gallaher Grp.	877xd	+1	918½	804	2222
GlaxoSmithKline	1400	-10	1577	1389	1024
Hammerson	1334	-2	1336	869	2260
Hanson	727½	+16½	784½	542½	1030
HBOS	1089		1104	830½	3333
Home Retail Group	399½	-9½	425½	397½	-
HSBC Hldgs.	994	-5	1017	872½	5562
Icap	498½	-5½	572½	336½	4476
Imp.Chem.	399½	+½	400½	280½	1032
Imp.Tobacco Grp	1839	-15	1855	1591	1271
Intercon. Hotel	1003	-8½	1019	692	3729
Intl Power	335½	+1	342	224	6025
ITV	105	-1¼	128½	94¼	2145
Johnson,Matth.	1422	+2	1510	1134	1280
Kazakhmys	1185	-31	1370	524	1357
Kelda Grp.	875½	+13½	911½	678½	4018
Kingfisher	262½xd	+½	266¼	201½	5908
Land Secs	2065	-4	2080	1366	1035
Legal&Gen.	142¼	+1	146	105	1036
Lib-Int	1325	-7	1333	914½	7649
Lloyds Tsb Grp.	559½	-1½	581	451	6395
Lonmin	2834	-27	3093	1250	1038
Man Group	478	-6½	484½	254½	7896
Marks & Sp.	655	-10	668	413½	1039
Morrison (Wm)	258xd	+½	260	163½	1253
National Grid	672	-1½	713	514½	4443
Next	1893	+10	1961	1306	1254
Nthn.Rock	1185		1213	780	3555
OldMutual	167¼xd		205¼	131	2782
Pearson	769	-12	810½	623	1374
Persimmon	1331	+3	1428	830	2758
Prudential	641	+10½	743¼	463	7481
Reckitt Benckser	2283	-21	2324	1668	1046
Reed Elsevier	597	-2½	607½	503½	1396
Resolution	617½		631¼	511¼	1121
Reuters Grp.	448¼	-3	460¼	348½	1047
REXAM	587¼xd	-7	604½	459	1115
Rio Tinto	2858	-39	3222	2116	6699
Rolls-Royce	464¼c	+4¼	490	353½	6441
Royal Bank Scot	1857	-4	1933	1540	3219
Royal&Sun All.	146¼xd	-½	152½	95½	7482
Ryl Dutch Shell 'A'	1820	-8	1958	1671	6690
Ryl Dutch Shell 'B'	1886	-4	2043	1735	6691
SAB	1010	-2	1196	921	4718
Sage Grp.	238¼	-¼	283¼	204¼	6601
Sainsbury(J.)	394	-3½	403	274½	1050
Scot.&Newcastle	562	-8½	570½	460½	1421
Scot.&Sth.Energy	1324	+3	1350	971	6027
Scot.Power	656½	-5	685	526½	6028
Severn Trent	1419	-16	1960½	957	4015
Shire Pharmctcl	940	-27	1008	660½	5200
Slough Estates	687	-7½	707	494	1433
Smith&Nephew	510¼xd	+3¼	571	400	1434
Smiths Group	926	-12½	1052	831	1437
Stand.Chart.	1464	-9	1540	1143	4887
Standard Life	287¼	+4½	292	239	-
Tate & Lyle	786½	-4	801	453½	4665
Tesco	393¼xd	-7½	401	298	1056
Unilever	1308	-8	1354½	1125	5983
Utd Utilities	715	+4	732½	612	4010
Vedanta	1432	-32	1740	550	3004
Vodafone Grp.	134	-¼	151½	109	3577
Wolseley	1246xd	-17	1462	1063	3288
WPP Grp.	672xd	-3	706½	551	3283
Xstrata	2221*	-44	2480	1280	3421
Yell Grp.	620½	-1	622½	434	1026

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CATLIN SEAL £710M DEAL

LLOYDS of London insurer **Catlin** is buying smaller rival **Wellington Underwriting** in a £710million cash and shares deal.

Wellington has been vulnerable to a bid since it fell into the red last year after suffering heavy claims following Hurricane Katrina.

The two have been in takeover talks for the past fortnight and the deal will create the largest underwriter on the Lloyds of London market with a value of £1.3billion.

Catlin said the takeover would save £36.9m by 2008. The majority will come from moving Wellington's headquarters to Bermuda where Catlin is based.

Wellington said it was too early to say whether any UK jobs would be affected but Catlin chief executive Stephen Catlin said the deal was "not about losing people" but growing the business.

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NEW START BUSINESS SPECIALISTS

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VEN AS CALENDAR GIRL AIMS FOR THE TOP

hot date ollywood

by BELINDA WANIS

GORGEOUS Jennifer Ellison has set her sights on Hollywood.

And the movie capital is in for a sizzling treat, as these amazing shots show.

The sexy Scouser gives fans an eyeful of her superb curves in her 2007 calendar, with snaps showing her posing as everything from a Hollywood icon to a red-hot pole dancer.

They're guaranteed to set pulses racing every month of the year.

In one shot, Jennifer is barely covered in white satin sheets in a tribute to Marilyn Monroe's famous "nude in bed" portrait, below. In another, she imitates singer Madonna, now 48, during her Blonde Ambition phase.

And Jen looks a million dollars as she does a sensational pole dance for the calendar, with bundles of notes tucked into her thong.

The 23-year-old has already been wowing audiences across Britain as Roxie Hart in the stage musical Chicago.

Now the former Brookside beauty is aiming to score just as big a hit in Hollywood. She got her big screen break

in the film version of Phantom Of The Opera in 2004 and now wants to rival the very best in the biz.

"I would love to follow in the footsteps of Catherine Zeta Jones – from the Darling Buds Of May to Hollywood," says Hell's Kitchen winner Jennifer.

"I'd love to do more films – and there are some in the pipeline."

They include horror flick The Cottage, with Dexter Fletcher, 40, and a role as Cleopatra in a new version of Antony And Cleopatra.

"I'd also love to do more TV dramas and theatre work – maybe a really good play," she says. "I never like just doing one thing. I like proving myself."

But regardless of what happens in Hollywood, Jen's proud of what she has already managed to achieve.

"I've been in a Hollywood movie and have just finished my third telly drama," she says. "I was also a ballet champion and had two chart hits – not bad for a 23-year-old!"

But 2007 could be even bigger and better for Jen. And with her calendar out now, it's certainly looking good for her fans.

Pictures: ADRIAN GREEN © JENSTAR LTD 2006

● *The official Jennifer Ellison 2007 Calendar is on sale at Virgin, HMV and all good stationery stores or buy on line at www.danilo.com now*

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DAILY STAR TV GUIDE

BBC One

6.00 Breakfast (W) (S) *80950073*
9.15 Animal 24:7 (W) (S) *3166561*
10.00 City Hospital (W) (S) Followed by News, (W) (S) Weather. *16122*
11.00 To Buy Or Not To Buy (R) (W) (S) *6578677*
11.45 Hard Sell (W) (S) Followed by BBC News, (W) (S) Weather. *345509*
12.15 Cash In The Attic (W) (S) *4201580*
1.00 BBC News, (W) (S) **Weather** *30702*
1.30 Local News, (W) (S) **Weather** *18547031*
1.40 Neighbours (W) (S) *68416580*
2.05 Doctors Joe throws a party for Hallowe'en. (W) (S) *83876948*
2.35 Murder, She Wrote Jessica investigates foul play in Las Vegas. (R,S) *7021035*
3.20 BBC News, (W) (S) **Local News, Weather** *6040561*
3.25 CBBC: ChuckleVision (R) (W) (S) *4249580* **3.40** Arthur (W) (S) *1177603* **3.55** Watch My Chops (AD) (R) (W) (S) *4527324* **4.10** The Story Of Tracy Beaker *5097967* **4.40** The Batman (R) (W) (S) *7343847* **5.00** Blue Peter (W) (S) *1221122* **5.25** Newsround (W) (S) *9236162*
5.35 Neighbours Karl spends the night with Izzy. (R) (W) (S) *914832*
6.00 BBC News, (S) **Weather** *832*
6.30 Local News Programmes, (W) (S) **Weather** *412*

BBC Two

7.00 CBeebies: Charlie And Lola (W) (S) *9090344* **7.10** Boogie Beebies (R) (W) (S) *9070580* **7.25** Tweenies (R) (W) (S) *9775219* **7.45** Lunar Jim (R) (W) (S) *5634325* **8.00** CBBC: Roar (W) (S) *8957561* **8.55** Arthur (R) (W) (S) *4185948* **9.20** Zombie Hotel (R) (W) (S) *8884257* **9.45** Only In America (R) (W) (S) *1798677* **10.20** The Fairly OddParents (R) (W) (S) *3489344*
10.30 Even Stevens (R,S) Followed by Raven. (W) (S) *16509*
11.00 Animal Park (W) (S) *6257*
11.30 The Munsters (R,S) *7986*
12.00 The Daily Politics (S) *90561*
12.30 Working Lunch (S) *55986*
1.00 The Witness (R) (S) *18544238*
1.05 FILM: The Hawaiians 1970 (PG) Adventure, starring Charlton Heston, Geraldine Chaplin, Tina Chen and John Phillip Law. (W) (S) *93705783*
3.15 Castle In The Country (W) (S) *606122*
3.45 Flog It! (W) (S) *6964236*
4.30 Ready, Steady, Cook Hallowe'en edition of the kitchen duel. (W) (S) *8433509*
5.15 Weakest Link General knowledge quiz. (W) (S) *1009257*
6.00 Sudo-Q Quiz show. (W) (S) *702*
6.30 Strictly Come Dancing – It Takes Two With dance legend Patrick Swayze. (W) (S) *734*

Channel 4

6.00 Cubeez (R) *4203509*
6.10 The Hoobs (AD) (R) (SL) (S) *3026948*
6.35 The Hoobs (AD) (R) (SL) (S) *1849219*
7.00 Freshly Squeezed *24141*
7.30 Friends (AD) (R,S) *10948*
8.00 Everybody Loves Raymond (R,S) *1863412*
8.25 Will & Grace (R,S) *1873899*
8.55 Frasier (R,S) *4183126*
9.30 Wakey Wakey Campers (R,S) *5710702*
10.20 Designers Under Pressure (R,S) *3474412*
10.30 Make Me A Grown Up (R,S) Followed by 3 Minute Wonder. *87667*
11.00 The 100 Hottest Web Searches 2005 (R,S) *1325*
11.30 The KNTV Show (R,S) *2054*
12.00 News At Noon (S) *25257*
12.30 Headland (S) *5982054*
1.25 The King Of Queens Doug joins a support group. (R) *44951764*
1.50 FILM: McBride: The Chameleon Murder 2005 (PG) Premiere. Crime drama, starring John Larroquette. (S) *39261764*
3.30 Countdown (S) *3984986*
4.15 Deal Or No Deal (S) *8110290*
5.00 The New Paul O'Grady Show (S) *3325*
6.00 The Simpsons (R,S) *870*
6.30 Hollyoaks Amy is rushed to hospital. (S) *122*

Five

6.00 Milkshake! The Save-Ums! (R,S) *95390561* **6.10** Bear In The Big Blue House (R,S) *11862986* **6.40** Roobarb And Custard Too (R,S) *91425431* **6.50** Hi-5 (R) (SL) (S) *2403561* **7.25** The Little Princess (S) *3961141* **7.45** Make Way For Noddy (R,S) *6079764* **8.00** Fifi And The Flowertots (R,S) *7769702* **8.15** Peppa Pig (R,S) *2972238* **8.20** Thomas & Friends (S) *7730290* **8.40** Bird Bath (S) *9838528* **8.50** Mio Mao (R) *9827412*
9.00 The Wright Stuff (S) *9491325*
10.30 Trisha Goddard (S) *7939677*
11.30 five news (S) *1294528*
12.00 Home And Away Rachel turns to drink. (AD) (R) (SL) (S) *3159509*
12.30 BrainTeaser Word games and puzzles. *7933493*
1.30 FILM: Side By Side 1982 (PG) Biopic, starring Marie Osmond. (S) *70032580*
3.35 five news update *33640948*
3.40 FILM: Revenge Of The Middle-Aged Woman 2004 Premiere. Drama starring Christine Lahti. (S) *2064257*
5.30 five news, (S) **Weather** *5569677*
6.00 Home And Away Amanda offers to fund the search for survivors. (AD) (S) *5559290*
6.30 In The Grid Quiz show, with Les Dennis. *5573870*

ITV1

5.30 ITV News (S) *11702*
6.00 GMTV (W) (S) *3345325*
9.25 The Jeremy Kyle Show Talk show. (R,S) *9791752*
10.30 This Morning Oliver James and Ursula Holden-Gill are today's guests. (W) (S) *48899*
12.30 Loose Women Dancing on Ice judge Robin Cousins discusses his latest venture Peter Pan On Ice with Kaye Adams, Coleen Nolan, Carol McGiffin and Sue Jenkins in a Hallowe'en special. (W) (S) *20388*
1.30 ITV News (S) *41783*
2.00 The Price Is Right Comedian Joe Pasquale hosts an updated version of the show. (W) (S) *2696*
2.30 Midsomer Murders A local society beauty is found dead, and investigations uncover a dark underbelly of adultery and deceit in Midsomer Malham. (R) (S) *60851*
3.28 Local Weather (S) *6074528*
3.30 CITV: Pocoyo (R) (W) (S) *1090238* **3.35** Meg & Mog (R) (W) (S) *7555156* **3.45** Horrid Henry (W) (S) *4222572* **4.00** Tricky TV (W) *851*
4.30 My Parents Are Aliens (W) (S) *685*
5.00 The Price Is Right Double bill. Updated version of the gameshow, in which viewers can phone in and win cash prizes. (W) (S) *5783*
6.00 Local News, Weather *528*
6.30 ITV News, (S) **Weather** *580*

THE AMAZING MRS PRITCHARD: Ros causes a nationwide storm, 9pm

BILL ODDIE'S HOW TO WATCH WILDLIFE: The top twitcher reports from the Orkney Islands, 7.30pm

IT'S ME OR THE DOG: Victoria Stilwell quietens a pair of noisy pooches, 8pm

CSI: MIAMI: Alexx finds herself the prime suspect in a killing, 9pm

CHAMPIONS LEAGUE LIVE: Jose Mourinho takes his Chelsea team to face Barcelona, 7.30pm

7 PM

7.00 Watchdog With Nicky Campbell, Julia Bradbury and Paul Heiney. (W) (S) *1344*
7.30 EastEnders Honey abandons Billy and Petal for the day while she comes to a decision about her daughter's future. (AD) (W) (S) *696*

7.00 Mythbusters Jamie Hyneman and Adam Savage examine technology that finds buried bodies. (W) (S) *9986*
7.30 Bill Oddie's How To Watch Wildlife Bill sees seal pups and birds in the Orkney Islands. (AD) (R) (W) (S) *238*

7.00 Channel 4 News Including sport and weather. (S) *430344*
7.55 Rory Peck Awards 2006 Freelance cameraman Dirk Nel talks about his experience of shooting the film Killer's Paradise in Guatemala. (S) *746431*

7.00 five news (S) *4642493*
7.15 Tim Marlow On Velazquez Profile of the 17th-century Spanish artist, looking at a major exhibition of his work at the National Gallery. (S) Followed by five news update. *2049528*

7.00 Emmerdale A guilt-ridden Jimmy breaks down after receiving some harsh words from Bob. Rosemary and Carl catch Chas with a naked Eli, and Rodney attempts to get even with Scott. (AD) (W) (S) *6412*
7.30 Champions League Live Barcelona v Chelsea (Kick-off 7.45pm). The matchday four fixtures get under way tonight, with the pick of the bunch arguably this Group A clash at the Nou Camp. The respective Spanish and English champions meet this evening for the sixth time in the past three seasons, and after their 1-0 triumph at Stamford Bridge a fortnight ago, Chelsea know that victory would guarantee their place in the knockout phase with two group games still remaining. Presented by Steve Ryder, commentary by Clive Tyldesley and David Pleat. (W) (S) *782054*

8 PM

8.00 Holby City Mark resorts to devious measures to ensure Tricia's postponed operation goes ahead. Elliot's son forces him to confront his grief and Lola is distracted by childcare issues. (AD) (W) (S) *3412*

8.00 Heston Blumenthal: In Search Of Perfection New series. The chef transforms food favourites. (AD) (S) *5306*
8.30 Digging Deep With Andre Smith and Amanda Brooks. (AD) (W) (S) *7141*

8.00 It's Me Or The Dog Victoria Stilwell meets a pair of pooches whose barking keeps the baby awake. (S) *3702*
8.30 Cooking It Jun Tanaka helps a glamour puss who lacks sparkle in the kitchen. (S) *9509*

8.00 Make Me A Supermodel The aspiring models turn their attention to learning the art of intimacy. Photographer Perou joins the boys as they get suited and booted, while the girls dress up in couture. (S) Followed by five news at 9. *7655239*

9 PM

9.00 The Amazing Mrs Pritchard The country is up in arms when Ros decides to ban the use of cars on Wednesdays. Emily gives up her job with Kitty and comes home to Downing Street. (W) (S) *7108*

9.00 Horizon The team follow the build-up to the second Grand Challenge, a robotic car race over 130 miles of the Nevada desert. The vehicles travel at up to 50mph. (W) (S) *887870*
9.50 This World Documentary examining the buying and selling of kidneys in Iran. It is regulated by the State and has reportedly eliminated waiting lists for people on dialysis. (W) (S) *502306*

9.00 Supernanny Jo Frost faces the challenge of calming down a nine-year-old who rules the roost, leaving her parents reluctant to take her on outings for fear of an embarrassing scene. Last in series. (R,S) *6986*

9.00 CSI: Miami The team try to clear Alexx's name when DNA evidence makes her the prime suspect in the death of a convicted child molester. Drama, starring David Caruso and Khandi Alexander. (S) *7750883*

10 PM

10.00 BBC News (W) (S) *37108*
10.30 Local News, (W) (S) **Weather** *934238*
10.35 Imagine Alan Yentob follows Jeremy Weller as he stages a play at the refurbished Roundhouse theatre in Camden, London, with a cast made up of people from the streets and ex-offenders. (W) (S) *1279144*

10.30 Newsnight (S) *784685*

10.00 The Secret Policeman's Ball Comedy charity event from the Royal Albert Hall in aid of Amnesty International. The line-up of stars includes Eddie Izzard, Chevy Chase, Russell Brand, Al Murray, Graham Norton, Jon Culshaw and Ronni Ancona among others. Music is provided by Natalie Imbruglia and the Magic Numbers. (S) *384290*
11.40 The Killers: Video Exclusive A chance to see the band's new video Bones. *225162*
11.45 FILM: Dracula 1979 (15) Horror, starring Frank Langella, Laurence Olivier and Trevor Eve. (W) (S) *82838122*

10.00 CSI: NY A woman's body is found in a water tank in a building that has seen six suspicious deaths in 10 years. (AD) (R,S) Followed by five news update. *8805572*

10.00 George Michael I'm Your Man – A South Bank Show Special Melvyn Bragg interviews the singer. Continues after the news. (W) (S) *28344*
10.30 ITV News Including Local News and Weather. (S) *37144*

11 PM

11.45 FILM: Halloween 1978 (18) Influential horror, starring Jamie Lee Curtis. (S) Followed by Weatherview. *101883*

11.20 Machine Men: BBC Four on BBC Two A celebration of robots in films and TV over the years, including the recent remake of A For Andromeda. Plus, a look at efforts to create real-life artificial intelligence. (W) (S) *515290*

1.50 Cutting Edge: My Child's Psychic (R) *1830325* **2.50** Abductees (R) *4333517* **3.00** Little Dark Poet (R) *76975401* **3.05** South American Championship Football *7807265* **4.00-6.00** Channel 4 Education (S) *16449*

11.00 Ghosts On The Underground Documentary investigating inexplicable phenomena that passengers and staff claim to have experienced on the London Tube network, revealing stories of ghostly apparitions. (S) *9626696*

11.00 George Michael: I'm Your Man – A South Bank Show Special Concluded. (W) (S) *780677*
11.40 Champions League Highlights Action from tonight's fixtures, including Liverpool v Bordeaux and Barcelona v Chelsea. (S) *168431*

12 midnight

1.15 Sign Zone: See Hear (R) (SL) (W) (S) *8216884* **2.00** Beyond Boundaries: The African Challenge (AD) (R) (SL) (W) (S) *50826* **3.00** A Week Of Dressing Dangerously (R) (SL) (W) (S) *58165* **3.30** To Buy Or Not To Buy (R) (SL) (W) (S) *3217710* **4.15-6.00** BBC News 24 *969888*

12.20 BBC News 24 *307081* **2.00** BBC Learning Zone: Schools: Key Stage 3 Bitesize Revision – English 1 (S) *83246* **4.00-6.00** Key Stage 3 Bitesize Revision: English 2 (S) *14081*

12.00 The FBI Files (R,S) *7358333* **1.00** NASCAR *3122352* **1.50** NBA Basketball *76023456* **4.20-6.00** NHRA Drag Racing *1176772*

12.35 Motorsport UK (W) (S) *8691420* **1.15** The Mint (W) Followed by ITV News. *91907159* **3.45** Mum's On Strike (R) (SL) (W) (S) *6894468* **4.20** Date My Daughter (R) (SL) (W) (S) *9143062* **5.00-5.30** ITV Nightscreen *60159*

(S) **SUBTITLES** (R) **REPEAT** (AD) **AUDIO DESCRIPTION** (SL) **SIGN LANGUAGE** (W) **WIDESCREEN**

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ITV2

9.25 Coronation Street (AD) (R) (W) (S) *4772054*
9.50 Emmerdale (AD) (R) *1459764*
10.20 The Oprah Winfrey Show Chat show. (R) *8322325*
11.10 Judge Judy (R) (S) *1698832*
12.30 Coronation Street (AD) (R) (W) (S) *59899*
1.00 Emmerdale (AD) (S) *90122*
1.30 The Jeremy Kyle Show (R) (W) (S) *9702621*
2.35 The Jeremy Kyle Show (R) (W) (S) *1316783*
3.40 Ricki Lake (R) *6449219*
4.30 Sally Jessy Raphael Chat show. (R) *6537035*
5.15 Airline (R) (W) *506783*
5.45 Judge Judy (R) (S) *2738324*
7.00 The New Adventures Of Superman A madman takes over a satellite weapons system. (R) *60870*
8.00 Nanny 911 British nannies get to grips with problem children in America. (R) (W) *46290*
9.00 FILM: 10 Things I Hate About You 1999 (12) Comedy, starring Heath Ledger and Julia Stiles. (W) (S) *44697783*
10.55 Entourage Ari has a new commercial project lined up for Vince. (R) *363870*
11.25 The Office: An American Workplace Michael is embarrassed when Dwight punches him in the stomach at work, so Jim organises a rematch at the Dojo to help settle the score. (R) (W) *811948*
11.55 FILM: My Little Eye 2002 (18) Horror, starring Sean CW Johnson, Kris Lemeche and Nick Mennell. (W) (S) *289431*
1.50 Playdate: ITV Play (W) *55181197* **4.00** Playalong *25284*

ITV3

5.05 ITV3 Nightscreen *7423325*
6.00 Survival (R) *6170431*
6.55 Peak Practice (S) *4305948*
7.55 Ironside (R) *7742493*
9.00 The Rockford Files *7265141*
10.00 Upstairs, Downstairs Gordon Jackson stars. (R) *6855257*
11.10 The Adventures Of Sherlock Holmes (R) *9300870*
12.15 Lovejoy (R) *5586431*
1.20 Noah's Ark (R) *6380035*
2.25 Ironside (R) *2084580*
3.25 Goodnight Sweetheart (R) *5080388*
4.05 The Rockford Files Crime drama. (R) *3122870*
5.05 Peak Practice Medical drama. (R) (S) *3979899*
6.10 Goodnight Sweetheart (R) *1986580*
6.50 Rumpole Of The Bailey A young man is stitched up by an infamous gang. (R) *3190764*
7.55 Agatha Christie's Poirot A man receives threatening letters. (R) *2101122*
9.00 Cadfael A party of pilgrims are suspected of murder. (R) *59415257*
10.35 Bad Girls Lorna is taken in by Shell's apparent religious conversion. (R) (W) *81647829*
11.40 Tales Of The Unexpected A WPC is used as a decoy. (R) *4071967*
12.15 Monsignor Renard (W) (S) *1884265* **1.50** Peak Practice (R) (S) *3238772* **2.45** Teleshopping *9366159* **4.45-6.00** ITV3 Nightscreen *3319820*

ITV4

6.00 Police, Camera, Action! (R) *71838325*
6.30 Champions League Tuesday A look ahead to this evening's games. *28604509*
7.30 Champions League Live Liverpool v Bordeaux (Kick-off 7.45pm). Tonight's Group C match comes from Anfield, where the Reds are hoping to take maximum points from the first of two successive home games. (W) *24487054*
10.00 FILM: Angel Heart 1987 (18) Supernatural thriller, starring Mickey Rourke. *93286870*
12.05 FILM: The Horror Of Frankenstein 1970 (15) Black comedy. Ralph Bates stars. (W) *21166333* **2.00** LAPD: Life On The Beat (R) *44473062* **2.30** LAPD: Life On The Beat (R) *44492197* **3.00** LAPD: Life On The Beat *66574333* **3.30** The Inside (R) (W) *99732333* **4.20** Teleshopping *25711975* **5.50** ITV4 Nightscreen *58384555*

GEORGE MICHAEL: ITV1, 10pm

MIKE WARD

WHAT'S HOT TO WATCH TODAY

BE honest, can you name George Michael's last three singles?

Either your answer is a resounding no – or (and please don't take this the wrong way) you're some kind of freak.

The point is, George has become better known for his non-musical activities in recent times, whether they're related to his porkiness, his porking or his drug use, than for any attempt to re-establish himself as a chart regular.

Which makes his appearance tonight in an ITV1 documentary all the more intriguing.

GEORGE MICHAEL: I'M YOUR MAN (ITV1, 10pm) is a South Bank Show Special, which means we've got Melvyn Bragg firing the questions, rather than your more mainstream type of TV interrogator. In a way this is good, because Bragg's reputation as a serious arty type means he can probe George more deeply (oh, for God's sake, behave) than others.

Having said that, it does also mean that Melvyn has to appear to give a monkey's about George's world tour, his first in 15 years. So look out for plenty of rehearsal footage, backstage clips etc.

Before that, of course, Barcelona will be out for revenge as they play host to Jose Mourinho's Chelsea at the Nou Camp. ITV1 has live coverage from 7.30pm in **UEFA CHAMPIONS LEAGUE LIVE**, hosted by the legendary Steve Ryder.

Over on BBC1, **HOLBY CITY** (8pm) finds Mark pulling out all the stops to get Tricia on the list for immediate surgery – and trying to persuade a sceptical Diane to postpone some other poor sap's less urgent op.

Finally, don't miss **THE SECRET POLICEMAN'S BALL** (Channel 4, 10pm), in aid of Amnesty International. Seventeen years on from the original, it includes Russell Brand, Al Murray, Graham Norton and Eddie Izzard.

mike@mikeward.tv

ALAN FRANK'S TELLY MOVIES

STAR RATINGS

******Don't miss it ****Good ***Average **Time filler *Garbage!*

THE HAWAIIANS (1970) * BBC2 1.05-3.15pm.** Adventure. When seafarer Charlton Heston learns that he has not inherited his grandfather's fortune he decides to make it on his own and strikes it rich on a supposedly barren island in the Pacific. Also starring Geraldine Chaplin, Tina Chen and John Phillip Law.

SIDE BY SIDE (TVM, 1982) * Five 1.30-3.35pm.** Biopic. The saga of the courtship, marriage and ensuing show-business career of Olive and George Osmond, who spawned the singing showbiz dynasty with the sparkling teeth. Marie Osmond plays her mother, while Joseph Bottoms and Karen Alston also star.

McBRIDE: THE CHAMELEON MURDER (TVM, 2005) * C4 1.50-3.30pm.** Thriller. Lawyer John Laroquette investigates when a murder case turns out to be considerably more complicated after the victim is found to have several identities. Also starring Marta DuBois, Annie LaRussa and Devon Gummersall.

REVENGE OF THE MIDDLE-AGED WOMAN (TVM, 2004) * Five 3.40-5.30pm.** Drama. Christine Lahti's well-ordered life collapses in pieces around her after her husband – who is also her boss – leaves her for her assistant and, for good measure, also fires her. Also starring Brian Kerwin and Bryan Brown.

HALLOWEEN (1978) ** BBC1 11.45pm-1.15am.** Classic shocker. Teenage babysitter Jamie Lee Curtis is faced by one bloody shock after another when a deranged homicidal maniac escapes from a mental asylum and embarks on a new killing spree. Also starring Donald Pleasence, PJ Soles and Nancy Loomis.

DRACULA (1979) ** C4 11.45pm-1.50am.** Shocker. Laurence Olivier hams it up with glee as a dedicated vampire hunter on the trail of legendary undead blood drinker Frank Langella who has embarked on another reign of terror in 1920s England. Also starring Donald Pleasence, Kate Nelligan and Trevor Eve.

REGIONAL VARIATIONS

BBC1 Variations WALES: **6.30-7.00** Local News *412* **10.35** Week In, Week Out *173219* **11.05** Imagine *731783* **12.15** Film: Halloween *610265* **1.45** Close

BBC2 Variations WALES: **7.00** Dad's Army *9986* **7.30-8.00** Jamie Owen's Welsh Journeys *238*

ITV1 Variations ITV1 ANGLIA: **3.28-3.30** Anglia Weather *6074528* **6.00-6.30** Local News *528* ITV1 CENTRAL: **3.28-3.30** Local Weather *6074528* **6.00-6.30** Local News *528* ITV1 MERIDIAN: **3.28-3.30** Meridian Weather *6074528* **6.00-6.30** Local News *528* ITV1 CHANNEL: **3.25-3.30** Puffin's Pla(i)ce: Fun with Oscar Puffin and Harry the Hedgehog. *6074528* **6.00-6.30** Local News.Weather *528* **6.59-7.00** Local News *339870* ITV1 WEST: **3.28-3.30** ITV West Weather *6074528* **6.00-6.30** Local News *528* ITV1 WALES: **3.28-3.30** ITV Wales Weather *6074528* **6.00-6.30** Local News.Weather *528* ITV1 WESTCOUNTRY: **3.28-3.30** Westcountry Weather *6074528* **6.00-6.30** Local News *528*

S4C As Channel 4 except: **6.00** Diwedd *22257677* **7.00** Planed Plant Bach *28657948* **8.00** Planed Plant *28658677* **9.00** Everybody Loves Raymond *55516054* **9.25** Will & Grace *55595561* **9.50** Frasier *19460783* **10.15** Film: Thunderbirds Are Go! *82175899* **12.30** Planed Plant Bach *65456073* **1.15** Rory Peck Awards 2006 *50516851* **1.25** Hitler's Holocaust *88993899* **2.25** Deal Or No Deal *79640764* **3.10** Countdown *62961696* **4.00-5.00** Planed Plant *11556122* **6.25** Tipit: Morgan Jones and Alex Jones host as two teams face each other in a traditional pub game. *72862899* **7.00** Wedi 7 *10666054* **7.30** Newyddion *95002865* **8.00** Pobol Y Cwm *55747306* **8.25** Taro 9 **9.00** America Gaeth A'r Cymry *53129493* **10.00** Cowbois Ac Injans *20300764* **11.05** Family Brat Camp *40593325* **12.05** Supernanny *50138420* **1.05** Without A Trace *17465517* **1.55** Film: Money Pit: Comedy, starring Tom Hanks and Shelley Long. *84234246* **3.30** Diwedd *78232807* **4.00** Ysgolion

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MATT BAYLIS ...ON LAST NIGHT'S TV

ONCE, recovering from food poisoning in a tiny Cambodian market town, I overheard the unmistakable sound of a Home Counties English girl celebrating her 'A' level results outside.

It reminded me why overseas travel is overrated – you suffer jet lag, dysentery and financial ruin travelling to the world's most forgotten corners, and once you get there, you'll probably bump into the darts team from your local pub.

Partly that's down to the internet, cheaper air fares and rising incomes for us in the West. But more than that, it reminds you that you can never escape completely – not your background, not your past, nor the person you're turning into now. **TRIPPING OVER** (Five) examines this drawback of the global travel experience through the lives of various young people, whose flight paths briefly cross over in the streets of Bangkok.

For spoilt heiress Tamsin (Alexandra Moen), Australia is an escape route from her father and the fiancé she no longer fancies.

Kingdom

For Aussie soap star Ned (Daniel MacPherson), London and the West End stage beckon like the jewels of a distant kingdom. For Callum (Leon Ockenden), the world is a place to hide before he faces the fall-out of his newly-discovered homosexuality. And for his ex-girlfriend Lizzie (Kathryn Drysdale), Islington is the only place she can recover from a broken heart. Four intricately-tangled storylines, and sharply-drawn characters, this show looks like it'll take some beating, but the first episode felt like some exotic fruit that we weren't quite sure how to eat.

The neat irony of having MacPherson, an ex-Neighbours star who came to London, playing an ex-Neighbours star who comes to London, kidded us into preparing for a barrel of laughs – only to laugh in our faces when the plot got deathly serious.

And back-packing jerkily as it did between Sydney, London and Bangkok, it feels the series might suffer from a lack of a focus. But at least, like all journeys, good and bad, it certainly won't be dull.

FILMS

SKY MOVIES 1

7.05am Big Spender (2003) (PG) Drama, starring Casper Van Dien. 59216677
8.45 A Simple Twist Of Fate (1994) (PG) Emotional drama, starring Steve Martin. 87572306
10.50 Voyage Of The Unicorn Fantasy adventure, starring Beau Bridges. 72169967
1.55pm Big Spender (2003) (PG) Drama, starring Casper Van Dien. 92911325
3.50 A Simple Twist Of Fate (1994) (PG) Emotional drama, starring Steve Martin. 73744580
5.55 The Snow Walker (2003) (PG) Survival adventure, starring Barry Pepper. 52644783
8.00 Practical Magic (1998) (12) Two witches attempt to defy a centuries-old curse which states that any man they love will die young. Fantasy, starring Sandra Bullock. 26412
10.00 Land Of The Dead (2005) (15) Zombie horror, starring Dennis Hopper. 955702
11.40 Inside I'm Dancing (2004) (15) Acclaimed drama, starring James McAvoy. 622122
1.30am The Sports Pages (2001) (12) Sporting comedy, starring Kelsey Grammer. 528913
3.05 Bleacher Bums (2002) (15) Comedy drama. 624062
5.00-6.55 The Snow Walker (2003) (PG) Survival adventure, starring Barry Pepper. 36524246

SKY MOVIES 2

7.05am Young Ivanhoe (1995) (PG) Adventure. 59218035
8.45 Miracle On 34th Street (1994) (U) Fantasy. 765054
10.45 Only You (1994) (PG) Comedy. 40750783
12.40pm The Lost Treasure Of Sawtooth Island (2000) (PG) Adventure. 80430677
2.20 Young Ivanhoe (1995) (PG) Adventure. 706752
4.00 Miracle On 34th Street (1994) (U) Festive fantasy, starring Richard Attenborough. 6431
6.00 Only You (1994) (PG) Romantic comedy, starring Marisa Tomei. 23325
8.00 Cellular (2004) (15) Thriller, starring Kim Basinger. 28870
10.00 The Dukes Of Hazzard (2005) (12) Comedy, starring Seann William Scott and Johnny Knoxville. 41801
12.00midnight Seed Of Chucky (2005) (15) Horror. 32536
1.30 Marabunta (1998) (PG) Thriller. 520371
3.05 Proteus (1995) (18) Science Fiction. 628913
4.45 6.30 The Lost Treasure Of Sawtooth Island (2000) (PG) Adventure. 72096081

SKY CINEMA 1

6.00am No Way Out (1950) (PG) Drama. 72493615
7.50 Hombre (1967) (PG) Adventure. 29404219
9.40 The Iron Horse (1924) (PG) Western. 12312528
12.00noon The Fly (1958) (PG) Horror. 1577899
2.00 No Way Out (1950) (PG) Drama. 8827054
4.00 Hombre (1967) (PG) Western, starring Paul Newman. 4739528
6.00 UK Top 10 3320702
6.20 The Fly (1958) (PG) Vintage horror, starring David Hedison. 14191493
8.00 Conan The Barbarian (1981) (15) Violent fantasy. 74037219
10.10 Year Of The Dragon (1985) (18) Tough drama, with Mickey Rourke. 40300986
12.25am Return Of The Fly (1959) (12) Horror. 82891081
1.50 The Loneliness Of The Long Distance Runner (1962) (12) Drama. 9562062
3.40 6.00 The Iron Horse (1924) (PG) Western. 35985468

Sky Box Office Digital movies can be ordered using the handset from the on-screen listings guide.

RADIO

Radio 1 (FM: 97.6-99.8 MHz) 7.00 The Chris Moyles Show. **10.00** Jo Whiley. **12.45** Newsbeat. **1.00** Edith Bowman. **4.00** Scott Mills. **7.00** Zane Lowe. **9.00** Westwood's In New Music We Trust. **10.00** Colin Murray. **12.00** Bobby Friction & Nihal. **2.00** Ras Kwame. **4.00-7.00** JK And Joel.
Radio 2 (FM: 88-90.2 MHz) 6.00 Sarah Kennedy: The Dawn Patrol. **7.30** Wake Up To Wogan. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright In The Afternoon. **5.00** Stuart Maconie. **7.00** Desmond Carrington: The Music Goes Round. **8.00** Nigel Ogden. **8.30** The Birth Of British Rock 'n' Roll. **9.30** Martin Freeman's The Great Unknown. **10.00** Sounds Of The Seventies. **10.30** The Mark Radcliffe Show. **12.00** Janice Long. **3.00** Alex Lester.
Radio 5 Live (MW: 909, 693 kHz) 5.00 Morning Reports. **5.30** Wake Up To Money. **6.00** Breakfast. **9.00** Victoria Derbyshire. **12.00** News. **1.00** Simon Mayo. **4.00** Drive. **7.00** Five Live Sport. **10.00** Anita Anand. **1.00** Up All Night.
Virgin Radio (MW: 1215, 1197, 1242 kHz) 6.00 Christian O'Connell's Breakfast Show. **10.00** Russ Williams. **1.00** Neil Francis. **4.00** Martin Collins. **7.00** Ben Jones. **10.00** The Geoff Show. **1.00** Robin Burke. **4.00** John Osborne.

SPORT

SKY SPORTS 1

6.00am Soccer AM: The Best Bits 47677 **7.00** WWE: Afterburn 63238 **8.00** Monday Night Football 60493 **10.00** Soccer AM: The Best Bits 83832 **11.00** Monday Night Football 26219
1.00pm UEFA Champions League 88892 **1.30** UEFA Champions League 25832 **2.00** UEFA Champions League 6696 **2.30** UEFA Champions League 6561 **3.00** UEFA Champions League 8431
3.30 UEFA Champions League 8306
4.00 UEFA Champions League 8211
4.30 UEFA Champions League 6325
5.00 Live UEFA Champions League Spartak Moscow v Inter Milan (Kick-off 5.30pm). All the action from this evening's Group B clash at the Luzhniki Stadion. Roberto Mancini will need his players' nerves to settle early if they are to take anything away from the Russian capital, and they'll draw inspiration from their victory over their opponents in their last group match. 945561
7.30 Soccer Special Rob McCaffrey introduces pre-match reports and news of all tonight's goals as they go in, while studio guests keep their eye on the big games and talking points. 966054
10.00 You're On Sky Sports! Grass-roots football comment. 76431
11.00 Football Asia Soccer news from the Far East. 20764
11.30 European Seniors Tour Golf The Estoril Seniors Open of Portugal. 39306
12.30am You're On Sky Sports! 77159 **1.30** Football Asia 40468

SKY SPORTS 2

6.00am Aerobics Oz Style 1623035 **6.30** Shift Adventure Snowriders 1634783 **7.00** Aerobics Oz Style 6902493 **7.30** Shift Adventure Snowriders 6921528 **8.00** Thinking Tackle 2251073 **9.00** Shift Adventure Snowriders 4012832 **9.30** Sports Adventure 1132948 **10.00** International Bowls 1145412 **12.00noon** Sports Adventure 4032696
12.30 Show Jumping 4970580 **1.30** Thinking Tackle 4988509 **2.30** Wild Spirits 4770986 **3.00** Soccer AM: The Best Bits 7943696
4.00 World Motor Sport 3533257
6.30 European Seniors Tour Golf 7239509
7.30 Live UEFA Champions League Bayern Munich v Sporting Lisbon (Kick-off 7.45pm). Coverage of this evening's Group B fixture at the Allianz Arena, where the German champions will start as favourites. 4872967
11.00 Poker Million 7356561
1.00am Golf 5008739 **1.30** European Challenge Tour Golf 2747343 **2.30** European Seniors Tour Golf 6542604

SKY SPORTS 3

6.30am World Motor Sport 60060344 **9.00** Show Jumping 10192899
10.00 Live Tennis The second day of the Paris Masters. 98978615
10.00pm European Challenge Tour Golf The Apulia San Domenico Grand Final. 67835702
11.00 International Bowls 50413832
1.00am Sports Unlimited 47774159

SKY ONE

6.00am Taste **7.00** Pokemon **7.30** Yu-Gi-Oh! **8.00** Futurama **9.00** Scrubs **10.00** Law & Order **11.00** Cold Case **12.00noon** Buffy **1.00** Scrubs **2.05** Cold Case **3.00** Buffy The Vampire Slayer **4.00** Star Trek: Voyager **5.00** The Simpsons **6.00** The Simpsons **7.00** The Simpsons **8.00** Mission Implausible **9.00** Human Trafficking **10.55** Ross Kemp On Gangs **11.55** The Girl Who Lives In The Dark **12.55am** Inside Ultimate **1.50** Mile High **2.40** Reality TV Is Good For You **3.30** Football Years **4.20** Keen Eddie **5.10** Dream Team

BBC THREE

7.00pm The Apprentice USA **7.45** Torchwood De-Classified **8.00** Grime Scene Investigation **8.30** The Indestructibles **9.00** Little Britain **9.30** The Catherine Tate Show **10.00** EastEnders **10.30** Torchwood **11.20** The Indestructibles **11.50** Two Pints Of Lager And A Packet Of Crisps **12.50** Grime Scene Investigation **1.20** Torchwood **2.10** Two Pints Of Lager And A Packet Of Crisps **3.10** The Indestructibles

BBC FOUR

7.00pm Reputations **8.00** The World; Weather **8.30** Dinner With Portillo **9.00** The Other Side Of Suez **10.00** The Haunted Airman **11.10** Dennis Wheatley: A Letter To Posterity **12.10am** The Other Side Of Suez **1.10** The Haunted Airman **2.20** Dennis Wheatley: A Letter To Posterity **3.20** The Other Side Of Suez

E4

6.00am E4 Music: Uninterrupted **7.30** Wake Up With Jamiroquai **8.30** Whatever You Want **11.00** Nothing But 1997 **12.00noon** E4 Music: Uninterrupted **1.00** Freshly Squeezed Extra **2.00** The OC **2.55** Beauty And The Geek **4.00** Scrubs **4.30** Hollyoaks **5.00** Friends **6.00** The OC **7.00** Hollyoaks **7.30** Scrubs **8.00** Friends **9.00** Ghost Whisperer **10.00** Stop Treating Me Like A Kid **11.00** Unanimous **12.05am** Unanimous: The Fallout **12.40** Shameless **1.45** One Tree Hill **2.30** Beauty And The Geek **3.30** Shameless **4.30** Switched **5.10** Switched **5.35-6.00** Switched

MORE4

10.40am Countdown **11.25** Deal Or No Deal Anniversary Special **12.20pm** The New Paul O'Grady Show **1.20** Film: The Common Touch (1941) (PG) **3.20** Thirtysomething **4.25** Film: The Card (1952) (U) **6.05** Deal Or No Deal **7.00** Property Ladder **8.00** More4 News **8.30** The Daily Show **9.00** Commander In Chief **10.00** NYPD Blue **11.00** Starkey's Last Word **11.30** The Daily Show With Jon Stewart **12.00midnight** Commander In Chief **12.55** NYPD Blue

televisionX (SKY 903)

10.00pm Freeview **10.10** Gothic: Echoes Of Madness **10.25** Ben Dover 14 **10.45** Anna's Place 4 **11.00** Freeview **11.10** Anna's Place 4 **11.20** Twin Cheeks 2 **11.40** A And O Department 5 **12.00midnight** Freeview **12.10** A And O Department 5 **12.15** Action Time **12.20** Deep And Dirty 4 **12.35** Anna's Summer Sessions **1.00** Strap-O-Gram Girls 3 **1.15** Street Heat 2 **1.25** Teresa Scott Unleashed 2 **1.45** Road Trip: Crystal Palace **2.00** My Father's Wife **3.35** Naughty College Girls 19

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DAILY STAR THE PAPER FOR WINNERS

Alpha Puzzle™

A	17	13	12	16	■	11	7	11	25	2	8	13	7
B													
C	23	■	23	■	14	■	10	■	2	■	2	■	4
D													
E	2	15	11	8	4	24	1	■	16	1	11	8	20
F													
G	19	■	15	■	12	■	4	■	2	■	12	■	2
H													
I	13	15	21	4	16	■	8	11	1	26	24	2	■
J													
K	18	■	■	■	23	■	2	■	■	■	1	■	8
L													
M	23	11	7	5	2	3	■	21	11	22	2	18	4
N													
O	2	■	10	■	■	■	21	■	20	■	■	■	6
P													
Q	■	20	4	8	8	2	23	■	20	11	12	16	2
R													
S	18	■	9	■	4	■	4	■	2	■	20	■	8
T													
U	4	1	25	2	1	■	6	11	15	16	11	21	2
V													
W	23	■	2	■	4	■	2	■	25	■	1	■	15
X													
Y	25	11	1	5	15	2	12	12	■	16	2	15	16
Z													

1	2	3	4	5	6	7	8 M	9	10	11	12	13
14	15	16	17	18	19	20	21 G	22	23	24	25	26

Alphapuzzle™ tests your logic and word power. Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. Solution tomorrow.

DIFFICULTY: 9/10; **TARGET:** 29 minutes;
CLUE: Leftover wheel?

YESTERDAY'S SOLUTION: Across: Proviso, Rapt (clue), Plait, Bristle, Plain, Honk, Nudity, Cadges, Flux, Quaff, Reawake, Drawl, Myth, Ability.
Down: Sprain, Forum, Road, Adjutant, Vitality, Submit, Superb, Daffodil, Although, Tact, Tweak, Sizzle.

EXTRA LETTER CLUES: 0906 751 3120
(Hear up to six extra letters, deduct two minutes for each clue letter heard)
- *Alternatively, text DSALPHA to 86100 and we will text the six extra letter clues direct to your mobile.*
- *Texts cost £1 plus normal network operator rate.*

FULL SOLUTION: 0906 751 3121
- *Calls cost 75p per minute from BT landlines*

CHAT PUZZLES ON SALE NOW

Alphapuzzle Books: To order NEW Alphapuzzle Vol 11 (£6.99) or Vol 10 at the same price (UK postage FREE), send cheque/PO to Express Bookshop, PO Box 200, Falmouth TR11 4WJ, call 0871 521 1305 with your credit card details or order online at www.expressbookshop.com ©2006 Acorn Editorial

MISSING LINK

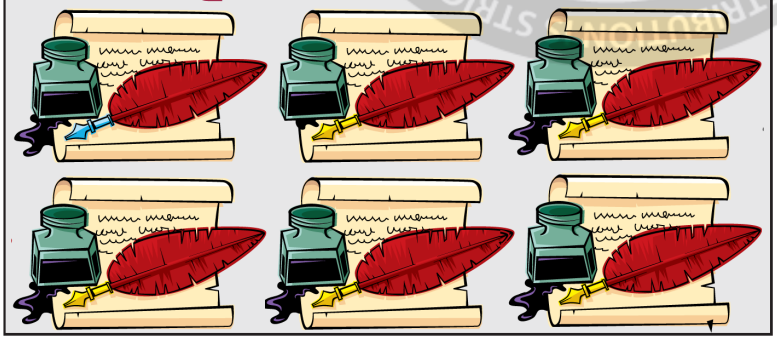
Fit 10 words into the grid so each one connects up with the words on either side – e.g. printing, press, gang. Read down the letters in the shaded squares to solve the puzzle. We've given you a few letters to start you off.

Clue: Clumsy to handle.

HORSE				E					TRACK
SHOT									DOG
ROYAL				L					BOX
STICKLE									HAND
DINNER									POTATO
ROE									STALKER
TOMATO			U						BOWL
CREAM									SYPHON
BLUE				N					WALK
SUGAR									ROOT

Yes I Quill

Which two of the pictures form a matching pair?



SUDOKU

	6							1
5		9			8	6		
8		1		3			2	
	5				9	8		
	4	2					5	
2			4			9		8
	1	7				4		5
				6			7	

Fill the grid so that every column, row, and 3x3 square includes all the digits from 1 to 9.
LEVEL: Difficult TARGET: 36 min

YESTERDAY'S SOLUTION

8	6	5	1	9	7	3	2	4
2	1	7	3	4	6	9	5	8
4	3	9	8	5	2	1	6	7
3	5	4	6	8	1	7	9	2
1	2	8	9	7	3	5	4	6
9	7	6	4	2	5	8	1	3
6	8	1	5	3	4	2	7	9
5	9	2	7	6	8	4	3	1
7	4	3	2	1	9	6	8	5

Extra clues: 0906 751 3123 Today's solution: 0906 751 3124 *Calls 75p/min from BT landline*

YESTERDAY'S ANSWERS

CODE CRACKER

S	A	V	I	O	U	R	■	J	U	I	C	E		
O	■	I	■	R	O	B	E	■	M	■	N			
U	S	E	■	A	N	Y	■	L	A	P	■	T		
A	■	W	A	X	■	A	L	L	■	O	A	R		
S	E	E	■	I	■	L	A	Y	■	S	■	A		
H	■	R	O	O	F	■	R	■	K	E	L	P		
■	B	■	S	M	I	D	G	I	N	■	A			
J	O	L	T	■	N	■	E	■	O	■	U			
■	O	■	E	A	C	H	■	S	W	E	D	E		
■	K	■	O	■	H	E	N	■	L	■	A			
S	C	O	P	E	■	R	A	Z	E	■	B			
■	A	■	A	■	F	■	D	■	D	O	L	T		
■	S	■	T	U	R	N	I	N	G	■	E			
M	E	S	H	■	O	■	R	E	E	D	■	U		
I	■	O	■	T	W	O	■	W	■	I	O	N		
N	I	L	■	E	N	D	■	L	I	E	■	E		
D	■	E	R	R	■	D	A	Y	■	S	P	A		
E	■	M	■	S	P	E	W	■	■	E	■	S		
R	A	N	G	E	■	R	E	V	E	L	R	Y		

Y G H O L M S I E T X W R
N P A F C Z K Q V B D U J

ANSWERS IN TOMORROW'S DAILY STAR

Two-way Teaser

Call 0906 751 3125 for today's solution.
Calls cost 75p per minute from a BT landline

CRYPTIC CLUES

ACROSS

1 Satisfactory report, to some extent (2,3,2,4)
7 The law's has long been known as this (3)
9 Manoeuvres brought to book at school? (9)
10 Subject for chief in charge (5)
11 Untidy dining-room attached to Yard (5)
14 Sort of sum that makes a neat pile? (4)
15 Take some care around region (4)
16 Big fall from hilltop split (7)
17 On turning quiet, you can get food! (4)
19 Stone for ring to give to friend (4)
20 Dear lady's very angry in the morning (5)
23 Gun for obtaining plunder (5)
26 Incomer who regularly assists a housewife? (5,4)
27 Dance, horse or paint (3)
28 Brazil's found here, briefly (2,1,8)

DOWN

1 Staff who badly need building up? (8,4)
2 Charge pound for handle (4)
3 He follows N. Ireland police in a frill (5)
4 Ring, as is seen in the desert (5)
5 Drive out from populous towns (4)
6 Sprightly rep has cushion to jump over (6)
8 I seem chap all prepared as chat show host (7,5)
11 In the army, that's a story! (4)
12 Meeting down in forward position (5)
13 Surrender a profit (5)
15 It's very small for a friend of Jerry! (4)
18 Expedition is climbing, holding at a distance (6)
21 A long bend means goodbye! (5)
22 Chasm in bay wrecked ship (5)
24 Dame is English and in elevated position (4)
25 We soldiers used to be (4)

QUICK CLUES

ACROSS

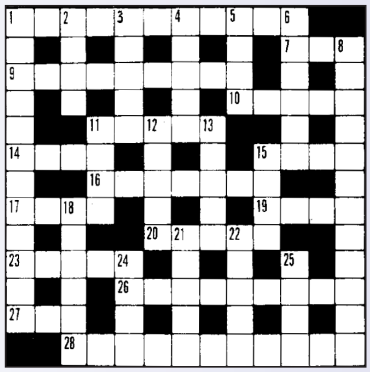
1 Great as far as it goes (2,3,2,4)
7 A limb (3)
9 Physical jerks (9)
10 Subject of conversation (5)
11 Untidy (5)
14 Neat (4)
15 District, region (4)
16 Downpour (7)
17 Grub (4)
19 Precious stone (4)
20 Polite name for female customer (5)
23 Ransack (5)
26 A char (5,4)
27 Armed conflict (3)
28 In essence, briefly (2,1,8)

DOWN

1 A minimum number of ship's company (8,4)
2 Handle (4)
3 A frill (5)
4 Fertile spot in the desert (5)
5 Eject (4)
6 Small and spruce (6)
8 Chat show host (7,5)
11 A fable (4)
12 Disorderly struggle (5)
13 Surrender (5)
15 Minute particle (4)
18 African expedition (6)
21 French farewell (5)
22 Chasm (5)
24 Dame Everage (4)
25 Used to be (4)

YESTERDAY'S SOLUTION: ACROSS – 1 Ally, 3 Adjacent, 9 Peasant, 10 Mourn, 11 Obstetrician, 13 Creche, 15 Talent, 17 Plimsoll Line, 20 Corps, 21 Nailing, 22 Exercise, 23 Itch. DOWN – 1 Approach, 2 Leads, 4 Deters, 5 Army chaplain, 6 Educate, 7 Tank, 8 Face the music, 12 Strength, 14 Enlarge, 16 Points, 18 Idiot, 19 Acre.

Two sets of clues but the answers are the same
ANSWERS TOMORROW



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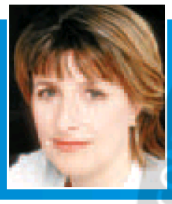
Just Jane



JANE O'GORMAN SOLVES YOUR PROBLEMS TODAY ... AND EVERY DAY

Mate's simply a bully

MY best friend either loves or hates the people we know – and expects me to feel the same way.

If she has a bust-up, I'm not allowed to like, talk to or stick up for her victim.

This can make life very difficult for me, especially as my fiery friend is just about to move to a new job and has fallen out with virtually everyone I still work with.

She's insisting that I blank a girl who used to be one of our very best friends because of a row over money.

But I know that there are two sides to every story – and this girl has told me that my mate is the one in the wrong.

My friend expects unswerving loyalty from me, but sometimes I feel that I'm being crushed by her.

I just want to be friends with everyone, but she won't allow it.

JANE SAYS: Your friend sounds like pure poison. She loves nothing better than a big drama and always expects you to play the supporting role.

But why should you live in her shadow? Why do you allow her to have this hold over you? You are your own person and can mix with who you choose.

I think that you should look on her departure from your firm as a positive thing.

At least now you'll be able to put some distance between yourself and her and make your own decisions.

Personally I think you should work towards editing her out of your life completely.

OLD FLAME TOO HOT TO HANDLE

His obsession is becoming scary

FOLLOWING a chance reunion, my very first boyfriend has announced that he's still madly in love with me.

He's left his partner and children and says he wants us to be together.

He's so serious about me that he's put the family house up for sale and is bombarding me with bunches of flowers, bottles of champagne and love letters.

He says I'm the love of his life and that even if I turn him down, he'll never go back to his family again. He often rings me in tears, begging me to give him another chance.

I'm flattered, scared and totally overwhelmed. I admit that I do have feelings for him. He was my first lover and we were together from 17 to 23, so there will always be something between us.

Chaos

But I never meant this to happen. I never wanted him to destroy his family for me. I never asked for or encouraged it. Besides, I'm married myself. I've been with my husband for seven years.

Admittedly it's not the most exciting relationship in the world and we don't have children, but I wasn't planning on leaving him or drastically changing my life.

I have my work, my friends and my family, and was quite happy to plod along just as I am. But suddenly everything has been thrown into chaos.

My ex is dossing on a friend's floor and sneaks round to see me whenever my husband is out. I'm ashamed to admit that we have sex and it's fantastic. He's always been a great lover and I've missed his touch. But, equally, I feel so pressured and so guilty.

If I'm absolutely honest, I simply feel really sorry for him. I'm worried that he might do something stupid if I don't go along with him.

There's no doubt that he's very emotionally unbalanced and desperate at the moment.

JANE SAYS: By continuing to see – and make love with – your ex-boyfriend, you're building up his hopes. While you're still tolerating him, there is still hope for him.

So you've got to cut him out of your life completely. That may sound harsh, but a clean break is the only way forward.

You're not really in love with this man. You feel sorry for him and you share a history, but that's all you have in common.

Your relationship finished years ago and you haven't really thought about him since. Ask yourself this – why did you finish in the first place?

My guess is that your relationship simply ran out of steam, as first loves often do, and you moved on.

Don't allow him to use emotional blackmail on you, because you don't owe him a thing.

No matter what he's saying now, I'm in no doubt that he'll be back with his family exactly a week after you dump him. Because that's where he belongs.

If he's going through a relationship or mid-life crisis, then he'll have to get professional help.

FLOWER GLOWER: Worried reader is being bombarded with bouquets by her ex

I'm the nags' target

I'M surrounded by people who want to tell me how to live my life.

Everyone, from my family and friends, wants to have a go.

My parents are appalled that I'm single and have no plans to marry, while my pals complain I concentrate too hard on my career.

It seems that almost every week at least one person is making a snide remark about me being "on the shelf" or not having a good enough life/work balance.

And with Christmas just around the corner, I know that it's going to get worse.

I'm certain to be in for numerous seasonal grillings from "well-meaning" family members and friends – and I'm utterly sick of it.

Why won't anyone respect the way I choose to live?

JANE SAYS: I suggest that you prepare some well-rehearsed answers, or retorts, which you can fire back whenever you're challenged about your lifestyle.

Be prepared for your critics and don't let them knock your confidence. You're entitled to live your life the way you choose.

You're not hurting or doing anyone down, so stuff 'em!

I suspect that you've simply been guilty of being too nice and too polite in the past.

You've let people walk all over you – and that's got to stop.

JANE'S ADVICE LINES

(Calls cost 75p per minute from a BT landline)

0906 751 3140 Find Your Soul Mate	0906 751 3146 My Sex Life is Boring	0906 751 3152 Finding the Perfect Partner
0906 751 3141 Great Sex For Him	0906 751 3147 Confidence	0906 751 3153 Great Sex For Her
0906 751 3142 I Want Bigger Boobs	0906 751 3148 Coping with a Break Up	0906 751 3154 I'm so lonely
0906 751 3143 Sizzling Sex	0906 751 3149 Coping with jealousy	0906 751 3155 Loving for the first time
0906 751 3144 Stop The Split	0906 751 3150 Fantastic Sex	0906 751 3156 Partner Affair
0906 751 3145 We Argue all the Time	0906 751 3151 Female orgasm	0906 751 3157 Having sex after baby

Write to JUST JANE, Daily Star, 10 Lower Thames Street, London EC3R 6EN or email jane.gorman@dailystar.co.uk

Shoplifting is a cry for help

MY girlfriend is shoplifting almost every day. I've tried to turn a blind eye and pretend it's not happening, but I can't ignore the bags of clothes, shoes and cosmetics that are piling up in our bedroom.

I love her so much, but realise that she's got big emotional problems that are leading her to break the law in this way.

Unfortunately, I don't know what to say to her and she's not opening up to me. What can I do to help her – and stop her thieving?

JANE SAYS: I suggest that you gather together all the stolen items and plonk them in the middle of the living room floor.

Then ask your girlfriend what it's all about. Stay calm and don't lose your temper. Make it clear that you understand she's in trouble and want to help her. Suggest that you go to see her GP together and get her the help and support she needs.

Then go through the bags and offer to return the stolen goods to the appropriate shops on her behalf.

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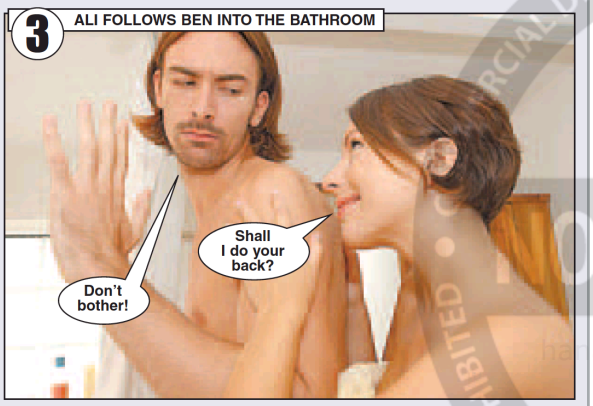
I CAUGHT HIM OUT

Day two



CONTINUES TOMORROW

Justin Toper

The DAILY STAR-gazer who knows your future

JUSTIN'S BIRTHDAY LINE
0906 751 5777
If it's your birthday today call for a special reading
Calls cost 75p per minute from a BT landline

www.askjustin.com www.askjustin.com www.askjustin.com www.askjustin.com www.askjustin.com www.askjustin.com

Aries (Mar 21–Apr 20)

IT'S obvious that something is amiss – but various facts or figures might seem meaningless. You had better get a receipt if you are buying anything today. What is on your shopping list is your own business and no one else's. Why don't you want to share this information? To see why your status will be restored, call...

To receive daily texts send DSARI to 85100 **0906 751 5771 (01) ***

Taurus (Apr 21–May 21)

YOU can't just start a new relationship, not without upsetting someone. It might be easier to get along with someone for now until the dust has settled. Others are suddenly so caring and understanding today. What are they after? To see why an emotional tie simply cannot be broken, call...

To receive daily texts send DSTAU to 85100 **0906 751 5771 (02) ***

Gemini (May 22–June 22)

YOU may be in part-time work or temporarily looking for a job. That's the way it feels, or maybe you are still waiting for someone to come up trumps. You are about to receive a huge vote of confidence. A difficult issue can also be tackled easily today. To see why you ought to be back on form, call...

To receive daily texts send DSGEM to 85100 **0906 751 5771 (03) ***

Cancer (June 23–July 23)

A TENSE meeting turns out to be a laugh, though you still seem upset. Maybe you should try your luck elsewhere? What is suggested may require a passport – and you could be leaving as early as Friday. A loved one will arrive soon after and could make your weekend very enjoyable. To see why you don't need someone else's approval, call...

To receive daily texts send DSCAN to 85100 **0906 751 5771 (04) ***

Leo (July 24–Aug 23)

YOU may be reluctant to leave the family, let alone your home town. Perhaps you will find out where you want to settle. This is a day when a sale will be mentioned. If nothing else, you will be rewarded with some cash this week. The neighbourhood is buzzing. To see why you could bring a lot to the table, call...

To receive daily texts send DSLEO to 85100 **0906 751 5771 (05) ***

Virgo (Aug 24–Sep 23)

EVERYTHING should fit nicely into place, even in cramped quarters. However, there is no need to analyse everything today. You can if you like – but it would be a waste of time. Partners or certain individuals could still leave you astonished. Your enthusiasm for life will slowly return. To see why life won't be dull, call...

To receive daily texts send DSVIR to 85100 **0906 751 5771 (06) ***

Libra (Sep 24–Oct 23)

THE tendency is to spend recklessly and not worry about your financial security. However, it is worth speaking with someone who can meet your requirements today. Your personal life is low on your priority list. That has to change – and fast. To see why an account will finally be settled, call...

To receive daily texts send DSLIB to 85100 **0906 751 5771 (07) ***

Scorpio (Oct 24–Nov 22)

YOU can't say that you've run out of ideas. In fact, with Mercury in Scorpio linking up with Jupiter today, your outlook should be pretty positive. You may even make a tricky choice, which for personal reasons is the right one for you. By the end of the week everything will be smelling of roses. To see why it's time to act on a promise, call...

To receive daily texts send DSSCO to 85100 **0906 751 5771 (08) ***

Sagittarius (Nov 23–Dec 21)

A DAY when more information is made available. You can put this down to someone opening their mouth a bit too much. Another person also wants a word with you, even if you've got something else lined up. However, you have little hope of avoiding anyone once you're back home. To see why a rumour is accurate, call...

To receive daily texts send DSSAG to 85100 **0906 751 5771 (09) ***

Capricorn (Dec 22–Jan 20)

YOU appear to have a new interest, which you are irresistibly drawn to. Your nearest and dearest don't seem to mind. To be honest, no one can keep up with you. You may decide to follow someone else's lead today when it comes to a work issue. To see why this is such an exciting time at home, call...

To receive daily texts send DSCAP to 85100 **0906 751 5771 (10) ***

Aquarius (Jan 21–Feb 19)

HAVING remained patient and dignified, it's possible that a breakthrough will occur at work. This may have serious consequences. You may as well have a sign saying "hire me". An interview should go marvellously today. It's about time you got your rewards. To see why someone will find you irresistible, call...

To receive daily texts send DSAQU to 85100 **0906 751 5771 (11) ***

Pisces (Feb 20–Mar 20)

THERE could be a flurry of activity or news from abroad. No doubt you will go along with someone's plans once you are ready. It's not necessary to have lengthy discussions – not when everyone knows what they are doing. Hopefully, you will return someone's calls today. To see why some good news is just around the corner, call...

To receive daily texts send DSPIS to 85100 **0906 751 5771 (12) ***

* When you telephone to hear Justin's weekly in-depth forecast, you will be asked to dial your special Zodiac Number. This is the number in brackets next to the general number under each of the star signs. Calls to Justin's Zodiac Lines cost 75p per minute from a BT landline. Subscribe to receive Justin's daily texts for 50p per message per day; eg text DSARI to 85100. You will be sent one new message daily. This is a subscription service – it will cost you 50p per day until you text your star sign's code followed by STOP, eg DSARISTOP to 85100. For help call 0870 834 7549.

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